

SPIRITUAL STARTER KIT

So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

Colossians 2:6-7

WELCOME!

You've made the choice to follow Jesus, and we think that's awesome. And really, we're so proud of you! Like the verse above says, this is just the beginning.

To grow in your faith, you need to spend time with God. You get to know Him by spending time with him.

Read this whole page and pick ONE idea to try right away. It's OK if you forget some of these or have to practice a few times before it starts to feel natural.

You also can't do anything to earn God's love -- he loves you already!



READ the BIBLE

If you don't have one, [here are](#) some Bibles we think are cool. In fact, "[God's Story: The Bible](#)" can help you understand what the Bible is, and here is a [reading plan](#) to get you started.

Sometimes what we read might be confusing, but we can ask God to help us understand. The Bible is God's Word, and it's important to know what God says!

2 Timothy 3:16

PRAY

Praying is talking to God. He wants to hear all about you and your life! As soon as you wake up, you can thank God for a new day. When you eat, thank God for your food. If you need help with something, ask Him.

Praying is listening, too, so you can spend a few minutes quietly listening. For a few ideas on how to pray, [watch "God's Story: Prayer."](#)

1 Thessalonians 5:17-18

JOURNAL

Following Jesus is a huge adventure. By writing (or drawing!) your thoughts and feelings in a journal, you'll be able to process what has happened, is happening, and might happen in your life.

It's a special way to explore your creativity with God. Get it out of your brain and onto the page. [Here are some ideas](#) on journaling.

Romans 12:2

SERVE

Jesus could have come to Earth and forced everyone to kneel before him, but instead, he chose to serve others. That's how God chose to show his love, by sending Jesus to do for us what we couldn't do for ourselves.

He also tells us we're supposed to help others. Doing something for another person is a way to obey God and to remember what Jesus did for you.

Galatians 5:13

Seriously, we're so excited for you!

And if you or your parents want to know more about this "following Jesus" stuff, find the "[WHAT? WHY? HOW?](#)" playlist on our YouTube Channel. Check it out!

[YouTube.com/CrdsChurchKC](https://www.youtube.com/CrdsChurchKC)