



3rd-5th

August 24-25, 2019

NEED TO KNOW

- **This month is a special summer series: HEROES!** We'll be exploring powerful and brave leaders from the Bible who were also deeply flawed, and had to trust in God when they faced tough circumstances.

LARGE GROUP | 15 Minutes

- Big idea: **God helps us be good leaders.**
- Story: **Gideon**
- Scripture: **Judges 6-7**

GAME TIME | 10 Minutes

- Play some fun, challenging versions of Follow the Leader.

COOL DOWN | 10 Minutes

- Read the Bible and discuss leadership.

LARGE GROUP | 15 Minutes

- Respond to today's big idea through worship and prayer.
- Practice this month's memory verse: **Ephesians 3:20 God is able to do far more than we could ever ask for or imagine. He does everything by his power that is working in us.**

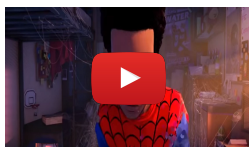
SMALL GROUP | 15+ Minutes

- Create a superhero mask and design your own superhero costume!

WELCOME + EXPECTATIONS | 1 Minute

- **Say:** Welcome to Kids' Club, we're so glad you're here! We want this to be a **safe** and **fun** place for you. To do that, let's all commit to doing a few things:
 - Show respect to each other
 - Listen when someone else is speaking
 - Have fun!

THE BIG IDEA | 10 Minutes



- **Say:** We're doing a special series this month about **HEROES!** We've been seeing lots of different heroes who have incredible powers. But more importantly, we're learning about real heroes from the Bible, and how their power came from GOD. Here's today's big idea:
- **Slide: God helps us be good leaders.**
- **Ask:** What do you think it means to LEAD? (Let kids respond.) There are LOTS of ways to lead, but basically, it's when we're an example to others, and we help, encourage and support them, so they can do what WE do.
- **Say:** Do you think superheroes make good leaders? Why? (Let kids respond.) Superheroes can be amazing leaders when they use their powers for good, like protecting and helping others. But it's not always easy for a hero to BECOME the leader he needs to be.
- **Say:** Let's check out a movie clip of a kid when he's first becoming a hero, but only after he remembers how people have encouraged and helped him believe he could do it!
- **Video: [Into the Spideverse / Miles Becomes Spiderman](#) (3 minutes)**
- **Say:** Miles was able to become Spiderman because other people believed in him, and helped him get there. Today we're talking about a guy named Gideon, who led an entire army, but ONLY when he relied on God's power!

GIDEON | 10 Minutes



- **Say:** Let's check out a video and see what happened when Gideon found himself having to lead an entire army into battle against an enemy that seemed impossible to defeat! Pay attention to how he's able to be a leader.
- **Video: [God's People / Gideon](#)**
- **Say:** So how was Gideon able to lead that army into battle, and defeat the enemy? Yep, it was because of God's power, not his own! And the craziest thing is that God actually told him to make his army *smaller*, to show that it wasn't Gideon who won the battle, or the soldiers....it was GOD.
- **Ask:** Did Gideon WANT to lead at first? Nope. He was afraid that he couldn't do it. He didn't trust God!
- **Say:** Just like Miles needed people to help him become Spiderman, Gideon needed God to help him be a good leader to his army, he couldn't have done it all on his own.
- **Ask:** So do you think YOU all can be good leaders? Of course! God wants to help every single one of us be a good leader, and we'll talk more about how we can do that. But for now, let's have some fun following a leader in Game Time!



SUPPLIES

- None

PREPARE



- Start the **10-Minute Countdown Timer**

FOLLOW THE LEADER | 10 Minutes

Choose one of the following options that's best for your group:

Option 1

- Split kids into teams and have them stand in a line facing forward.
- Give the first kid in each line an object (something that can be held in both hands, like a marker box, a toy, a ball, etc.)
- The first kid in line has to pass it OVER their head to the kid behind them.
- The next kid than has to pass it UNDER their legs to the kid behind.
- Continue this pattern, with each kid passing over and then under to get the object to the end of the line. You can have kids repeat this multiple times, and see how many times they can pass the object back and forth in a certain amount of time (1 minute, 3 minutes, etc.)

Option 2

- Play "Skin the Snake!" Watch the following video as a group to help SHOW how it works, before giving instructions (watching will help more than just explaining).
- [Video: Skin the Snake Competition](#)
- Split kids into groups (since kids will be close to each other during the activity, split **boys and girls** into different groups).
- Have teams stand in separate lines with an even number of kids in each line.
 - The first person in the line should be lying on their back.
 - The second person should be lying on their back with their knees bent.
 - The remaining kids should be sitting on their bottoms with their knees bent.
 - Each kid reaches down between his own legs with his right hand.
 - Each kid grabs the right hand of the kid in front of him with his left hand.
 - On "Go!", the front kid walks backwards, straddling all the kids in line. As he does this, he is pulling the second kids who does the same thing.
 - When the last kid is pulled to standing, the snake is skinned, and they win!



LARGE
GROUP

GAME
TIME

COOL
DOWN

LARGE
GROUP

SMALL
GROUP

SUPPLIES

- Adventure Bible (1 per group)
- Large sheet of tear off paper (1 per group)
- Markers (1 per kid)

PREPARE



- Split into **small groups**.

WHAT'S A LEADER? | 10 Minutes

Open a Bible and let a kid read Judges 6:15.

- Judges 6:15: "But Lord," Gideon replied, "how can I rescue Israel? My clan is the weakest in the whole tribe of Manasseh, and I am the least in my entire family!"
- When God asked Gideon to lead, how did Gideon react? Why didn't he think he could be a good leader? (*He doesn't think he's good enough. He thinks he's too weak to do what God wants him to do.*)

Set out a large piece of tear off paper and have kids draw their favorite superhero while they discuss the small group questions.

- Who is someone you know who's a good leader?
- What is a character trait of a good leader?
- What's a character trait of a bad leader?

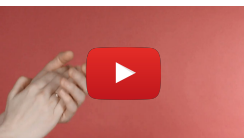
REVIEW THE BIG IDEA | 5 Minutes



Play the **10-Second Countdown** to redirect kids attention to Large Group.

- **Say:** Let's go over our big idea again:
- **Slide: God helps us be good leaders.**
- **Ask:** When God first asked Gideon to be a leader, did Gideon trust God right away? Nope, he doubted himself, and he doubted God. He thought the enemy was too big and powerful to beat, so he didn't trust God to help him. The thing is, God was in charge all along! No matter how young, or small, or weak Gideon was, God had the power to help him lead, just like he helps US lead.
- **Say:** Let's check out another video about how Gideon started out weak and afraid, but ended up trusting God to help him be a good leader.
- **Video: [The Story of Gideon](#) (3 minutes)**
- **Say:** Do you ever see yourself as a leader? I hope so! No matter young you are, or how much you might doubt yourself, God has the power to help you lead others. Let's check out a real life example of a girl who led by example and did something really heroic!
- **Video: [Everyday Heroes / Girl Raises Money for Charity](#) (0:00-1:43)**
- **Say:** How was that girl a leader? (Let kids respond.) Yes, she raised money to help others by being an example, and participating in those races. Even as a kid, she was able to lead adults, and help them serve others!

RESPOND AND WORSHIP | 10 Minutes



- **Say:** Can you think of anyone else from the Bible who was a good leader? (Let kids brainstorm different answers, but wrap up with Jesus' example.) I think the best example of a good leader was JESUS! He loved, served and helped everyone around him. He was an example by acting out the things that he said. He encouraged people, and helped THEM to do things that they were afraid of.
- **Say:** Let's read our verse for this month! It's all about how God is the source of all our strength and power.
- **Slide: [Ephesians 3:20](#) God is able to do far more than we could ever ask for or imagine. He does everything by his power that is working in us.**
- **Say:** We can trust in God and rely on him to help us be leaders, and help us be heroes, just like Gideon.
- **Say:** Let's watch a music video called "Do Like You Do". It's all about how Jesus is OUR leader, and following him means doing what he does! (To add some fun, have kids follow each other by dancing in **congo lines** around the room!)
- **Music Video: [Do Like You Do](#) (3 minutes)**
- **Pray for the room, or invite a kid up to pray for you**

LARGE
GROUP

GAME
TIME

COOL
DOWN

LARGE
GROUP

SMALL
GROUP

SUPPLIES

- Markers
- Mask & Elastic Band (1 per kid)
- Comic Book Template (1 per kid)
- Foam stickers (5 per kid)

KNOW IT | 5 minutes

Go around the circle and let each kid answer this question: Which superhero would you want to be a sidekick of, and why?

- What does it mean to be a leader? What do good leaders do?
- What superheroes do you think are good leaders? Why?
- Have you ever felt like Gideon? Maybe you thought you couldn't do something important? How does God feel differently?
- How could you be a leader at school? With your friends? In Kids' Club?
- How was Jesus a good leader?

DO IT | 10 Minutes

Let kids design their own superhero costume, and picture THEMSELVES as the hero now!

- Give each kid and a **mask, 5 foam stickers and markers.**
 - Let kids color, decorate and design their mask however they like. They can stick the stickers on the mask as well!
 - Attach the ends of the elastic band on each side of the mask.
- Give each kid a **comic book template** (this can be done after finishing the mask).
 - In the blank space, have kids write one thing they can do to be a leader.
 - Let kids fill in the rest of the comic book with superheroes-they can draw themselves as a superhero, or draw ones they already know!
- **Say:** Remember that even when we feel like we're not good enough, God is the one with the real power, and he will help us lead and be an example.

EXTRA TIME?

Give kids **a maze, or a word-search activity sheet** to work on until their parents pick them up.



connect questions

Big Idea: God helps us be good leaders. How can we be a good leader?

lesson supplies

LARGE GROUP

Item	Usage	Details	Provided by
Adventure Bible	1 per large group, reused	Biblesbythe Case.com	site

GAME TIME | Played in small groups or as one large group

Item	Usage	Details	Provided by
None			

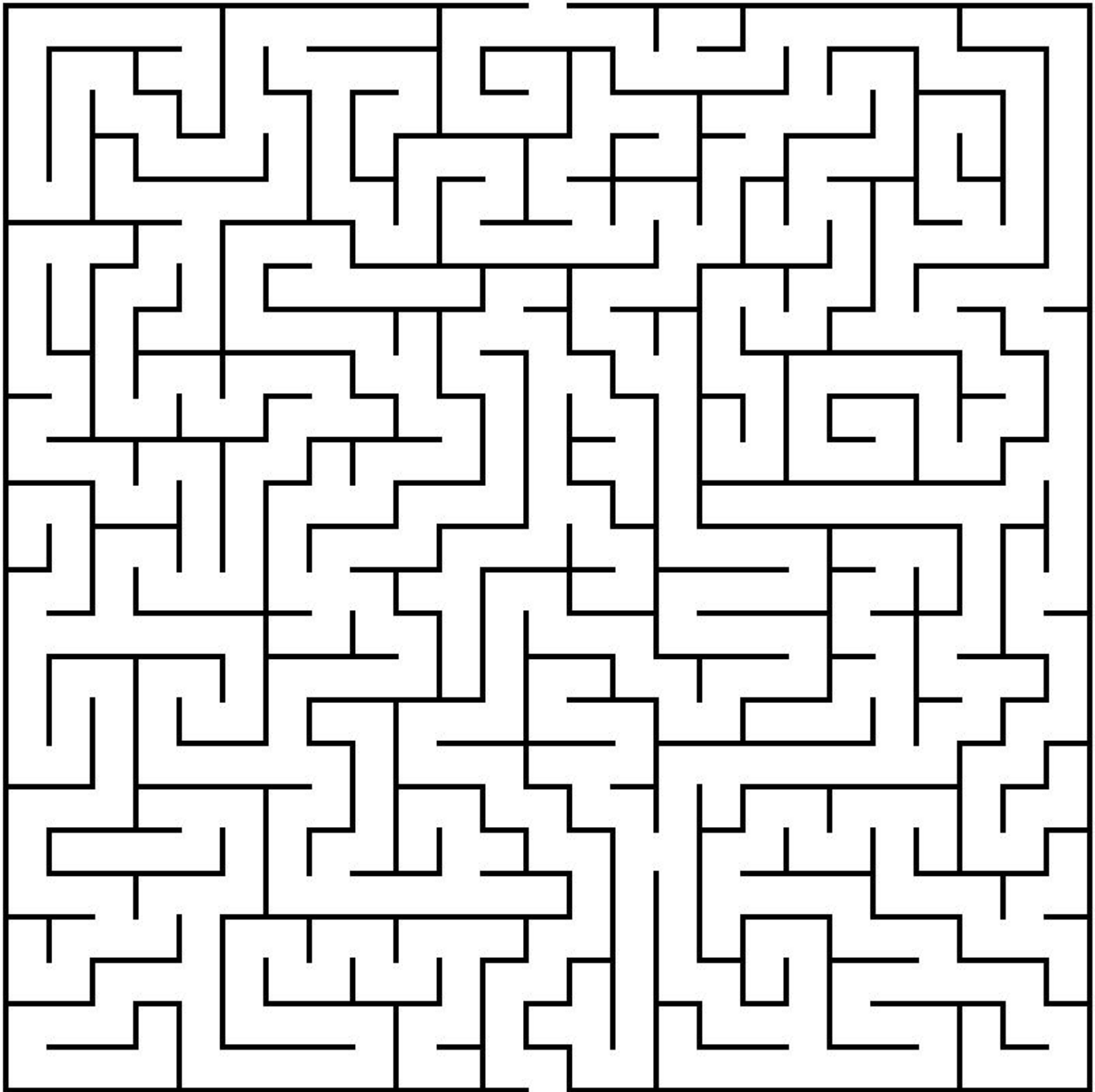
COOL DOWN TIME | Played in small groups

Item	Usage	Details	Provided by
Adventure Bible (Judges 6:15)	1 per small group, reused	Biblesbythe Case.com	site
Large sheet of tear off paper	1 per group		site
Markers	Quantity determined by site.		site

SMALL GROUP

Item	Usage	Details	Provided by
Maze sheet - Gideon	Quantity determined by site.	8.5x11 paper, black & white, Page 8	site
Word search sheet - Gideon	Quantity determined by site.	8.5x11 paper, black & white, Page 9	site
Markers	Quantity determined by site.		site
Mask & Elastic Band	1 per kid	Oriental Trading	KC National
Comic book template	1 per kid	8.5x11 paper, black & white, Page 10	site
Foam Stickers	5 per kid	Oriental Trading	KC National

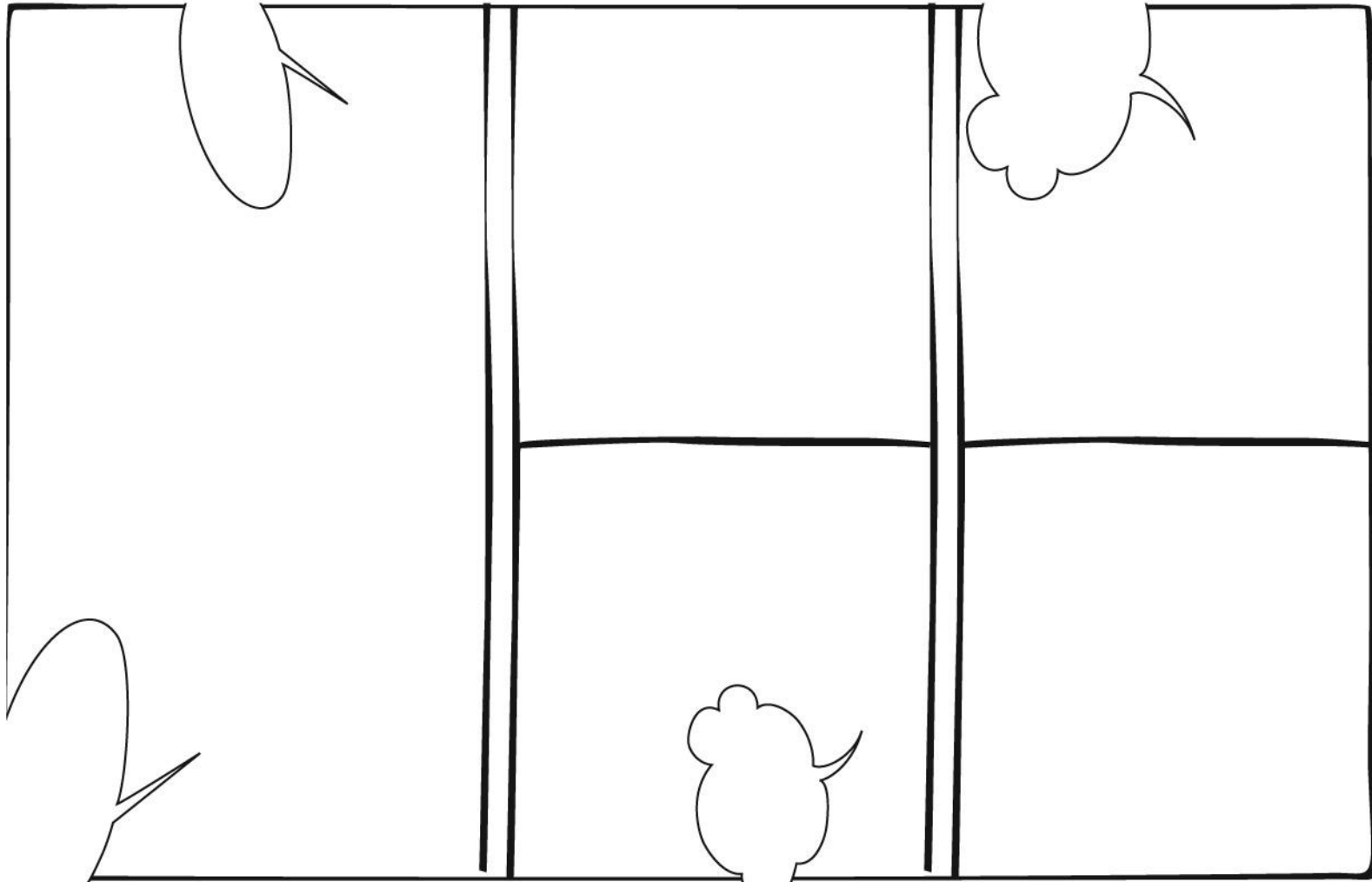
name



name

U G I D E O N Y Y X Y Y X F X
V V D S S P J E S U S T T U W
B S K F J O F F B F V G O D U
O L U R P I J W I M W T N V I
L D U P L W O I B K J J D N M
S S N L E R D B L C R F D F G
B E N U P R O J E G R X A A S
E J R T U S H X H D E Q G I S
P B G T V I A E P T I I N T D
K T R L D B C Z R S G E Z H U
E V N C K M G C W O S H N J F
T K Q Q H Z B K E K B V X C V
T T I N O H O X A R J K T T E
A Z A W T X P T R U S T A C K
X C Y Z S L G N Z X E L L C D

GIDEON
GOD
BIBLE
SUPERHERO
OBEDIENCE
TRUST
FAITH
JESUS



A/V needs

3rd-5th



1. KC Logo Slide: for when kids enter the room (All that You Need instrumental; mp3 only; can be downloaded on website)
2. **Slide: God helps us be good leaders.** (Type in large, bold font so it fills up the screen)
3. [Video: Into the Spiderverse / Miles Becomes Spiderman](#)
4. [Video: God's People / Gideon](#)
5. Video: New 10-Minute Timer (KC/SM media videos songs>videos>countdowns)
6. [Video: Skin the Snake Competition](#)
7. Video: New 10-Minute Timer (KC/SM media videos songs>videos>countdowns)
8. Video: 10 Second Countdown_082519
9. **Slide: God helps us be good leaders.** (Type in large, bold font so it fills up the screen)
10. [Video: The Story of Gideon](#)
11. [Video: Everyday Heroes / Girl Raises Money for Charity \(0:00-1:43\)](#)
12. **Slide: Ephesians 3:20 God is able to do far more than we could ever ask for or imagine. He does everything by his power that is working in us.**
13. [Music Video: Do Like You Do \(3 minutes\)](#)