



# 3<sup>rd</sup> - 5<sup>th</sup>

November 17-18, 2018

DATE

Psalms and Thanksgiving

LESSON TITLE

Book of Psalms, Psalms 107:1

WHERE TO FIND IT

We can thank and praise God.

MAIN POINT

## schedule

### Part 1 (15 minutes)

- Large Group (5-10 minutes after service starts)

### Part 2 (10-15 minutes)

- Game Time

### Part 3 (10 minutes)

- Cool Down Time

### Part 4 (10-15 minutes)

- Large Group

### Part 5 (10-15 minutes or until the end of service)

- Small Groups

## tips

As kids come in, talk to them about Thanksgiving to get their minds focused on what they're thankful for. Ask them what they did (but be careful not to assume they celebrate it in a particular way).

## check-in/out

- As kids arrive, give each kid a different colored dot sticker. This will determine which team they're on. Each small group needs a different color.
- Keep kids in small groups until their parents pick them up. You can use coloring pages, mazes and word searches as an extra time activity!

## large group heads up

Here's this week's big idea: **We can praise and thank God.**

# Part 1 (Large Group)

**TODAY'S BIG IDEA:**  
We can thank and praise God.

**Supplies:** None

**Video:**

- Kid President's 25 Reasons to Be Thankful (0:00-3:09; <https://www.youtube.com/watch?v=yA5Qpt1JRE4>)

**Time:** 15 minutes

**\*Start large group 10 minutes into the service.**

## **GIVING THANKS**

- **Say:** Welcome to Kids' Club, I'm so glad you're here! Can anyone tell me what special holiday is coming up? (Let kids respond.) Yep, Thanksgiving! Why do we celebrate Thanksgiving? (Let kids respond.) Yeah, it's when we give thanks for all the things we've been blessed with, and we usually get together with other people and lots of food, right!?
- **Say:** Today we're going to talk about giving thanks to someone in particular, can you guess who that might be? (Let kids respond.) Yep: God. He is a good, perfect, all-powerful creator, and he's given us everything we have. He deserves all our thanks! And that's why today BIG IDEA is this: **We can thank and praise God.**
- **Say:** Let's watch a fun video of someone you might recognize....Kid President! He's going to give us a list of his top 25 things to be thankful! As you watch, think about all the things YOU are most thankful for.
- **Video: Kid President's 25 Reasons to be Thankful**
- **Say:** There are a whole lot of things to be thankful for, but there's one person who deserves all the praise: God.

## **PSALMS**

- **Ask:** Does anyone know what the word "**praise**" means? (Let kids respond.) Basically, it's how we express our thanks to God! It's how we SHOW and TELL him that we love him.
- **Say:** Did you know there's an entire book of the Bible dedicated to praising and thanking God? It's called *Psalms*, and it was written by a guy named David.
- **Say:** This isn't just any typical book from the Bible though. It's pretty different, because it's full of SONGS! These songs don't have music that we can hear, but they're full of words giving praise to God. David wrote about all kinds of things, and he expresses a lot of different feelings too!
- **Say:** Let's check out a video to learn about these songs, or "Psalms". As you watch, think about what YOU would write a Psalm about!

# Part 1 (Large Group)

## TODAY'S BIG IDEA:

We can thank and praise God.

**Supplies:** None

## Video:

- Summary of Psalms for Kids ([https://youtu.be/GtG5x\\_3FHZg](https://youtu.be/GtG5x_3FHZg))

**Time:** 15 minutes

## PSALMS OF THANKSGIVING

- **Video: Summary of Psalms for Kids**
- **Say:** Who can tell me some different things that the Psalms are about? (Let a few kids answer.) Great answers! There are SO many things that are in the Psalms, but one thing that is repeated over and over again is this: that God is good, and he loves us. **And because of that, we can thank and praise Him no matter what happens.**
- **Say:** Since we're talking about songs, let's play a game by having some fun with MUSIC!

# Part 2 (Game Time)

**Main Goal:** Play a game to help kids understand today's big idea: **We can thank and praise God.**

**Supplies:**

- Chairs (1/kid)
- Paper (1/kid)

**Video:** 10-minute countdown timer

**Time:** 10 minutes

**\*Start the 10-minute timer for this activity.**

**“BODY PARTS” MUSICAL CHAIRS**

*\*Prepare to play music from a CD player, itunes or any other way your room is equipped to play music.*

- **Say:** We're going to play a game of musical chairs, while listening to songs that worship God!
- **Set up:**
  - Set up one **chair** for each kid, and make two equal rows back to back, or arrange them in a circle with chairs facing outward (if you don't have enough chairs for every kid, lay pieces of **paper** on the ground as a “substitute” for the chairs).
- **Play:**
  - Start the **music** (on the keynote) and have the kids march around the chairs in a circle.
  - When you **stop** the music, the kids should race to find a chair, but the catch is this: they have to touch it with a body part that the leader calls out!
  - For example, when the leader stops the music, they call out “head” and each kid has to try and find a chair (or paper on the ground) to touch with their head.
  - The kid who doesn't find a chair of their own is out. Have kids stand up again, remove a chair and continue until there is only one kid left!
  - Tip:
    - If you have a very large group and need to speed up the game, you could remove more than one chair per round.

# Part 3 (Cool Down Time)

**Main Goal:** Do an activity to help kids understand today's big idea: **We can thank and praise God.**

**Supplies:**

**Video:** 10-minute countdown timer

**Time:** 10 minutes

**\*Start the 10-minute timer for this activity.**

## ICEBREAKER QUESTION

- Break into **small groups**
- Go around your group and have each kid say their name and answer this question: **What's one thing you're thankful for?**

## DEBRIEF THE GAME

- **Ask:**
  - That game was a fun way to enjoy worship music. Are there any favorite songs you have that praise God? Or are there any regular songs you love that make you feel a certain way?
  - Why did David write the Psalms?
  - What were the Psalms about? How did people use them?
- **Do:**
  - Play some **"thankfulness" charades!**
  - Have kids take turns acting out something they want to thank God for, and the rest of the group has to guess what it is!
  - Give each kid about 30-60 seconds to act (depending on the size of the group and how much time you have). Keep time on your phone if necessary.
  - **Alternative:** have kids pair up and take turns guessing each other's drawings.

# Part 4 (Large Group)

**Main Goal:** Give kids a chance to respond to what they've heard today, and worship!

**Supplies:**

- Large sheets of tear off paper (enough so that there's 1 sheet for every 6 kids)
- Markers (1/kid)

**Video:**

- Psalm 23 Sketch Video (<https://www.youtube.com/watch?v=m6hScO-rQiM>)
- You Are Able (0:00-5:00; <https://youtu.be/2mNiCb7JK0Y>)
- Bulletproof (<https://www.youtube.com/watch?v=bg11yqdsomg>)

**Time:** 15 minutes

*\*Lay large sheets of tear off paper near your stage area, or tape them on the wall. Hand out markers.*

\*Play the **10-second countdown video** to help kids refocus as they get back into a large group.

## PRAISING GOD THROUGH PSALMS

- **Say:** We're going to watch a video of Psalm 23, just as it's written in the Bible. Listen to the words that talk about Jesus being our shepherd. A shepherd is someone who watches over a flock of sheep. He takes care of the sheep, comforts them and leads them where they need to go.
- **Say:** I want you to imagine that Jesus is gently caring for you, like a shepherd cares for his sheep. So get comfortable, relax, and take it in.
- **Video: Psalm 23 Sketch Video**
- **Ask:** Does anyone want to share a part of that Psalm that jumped out to you most? Something that you really loved? (Let a few kids respond.) Let's focus on the first verse of that Psalm. Can I have some read it for the group? (Let a kid read the verse.)
- **Slide: Psalm 23:1 The Lord is my shepherd; I have all that I need.**
- **Say:** This is why we can thank and praise God! Because he loves us more than we can possibly imagine. Because He gives us what we need, and he comforts us when we're sad and lonely.

## RESPOND AND WORSHIP

- David wrote this Psalm as a way to say thank you to God. Now we're going to do that too, in a way similar to the video we just watched. While we listen to the song, grab a **marker and start writing or drawing things on these big papers** that you want to thank God for: it can be a person, an experience you've had, something he's provided for you...it can even be one of the things we saw in the video that was part of Psalm 23. (Play the following music video as kids respond to the activity.)
- **Music Video: You Are Able (The song is about 5 minutes long, but if kids finish sooner, feel free to stop it earlier.)**
- **Pray:** God, you are the source of everything we have. You are good, and you care for us like a shepherd cares for his sheep. We praise you and thank you for that. amen!
- **Music Video (Optional): Bulletproof**

# Part 5 (Small Groups)

**Main Goal:** Discuss today's story and how it applies to kids' lives, through asking questions and doing a hands-on activity.

**Supplies:**

- Psalm template (1/kid)
- Markers (1 set/group)
- Psalm strips (1 set of 16 strips/group)

**Time:** 10 -15 minutes (or until parents pick up)

**PRAY AS A GROUP**

If a volunteer wants to pray, let them go for it! You can also ask kids for specific things that they would like prayer for.

**EXTRA TIME?**

Give kids **maze and word-search activity sheets** to work on until their parents pick them up.

**RESPOND TO THE STORY**

● **Ask and Discuss:**

- Why did David write the Psalms? (To worship, thank and praise God, to express how he was feeling, to express how he felt about God, to talk about what God had done for him...)
- Do you think all the Psalms were about only happy feelings? What other feelings would David need to express?
- Why does God deserve our thanks and praise?

**MAKE IT PERSONAL**

- **Ask:** If you were writing a Psalm, what would you praise and thank God for? What would you want to express to Him?
- Give each kid a **Psalm template** and **markers**.
- Spread out a variety of **Psalm strips** on the table or floor. Tell kids that these cards are filled with different phrases from real Psalms, and they can use them as inspiration to help them **write their own Psalm!**
- They can pick and choose which phrases they like, but also encourage them to come up with their own.
- There's also space on the template to illustrate the Psalm; encourage kids to **draw images, symbols and decorations** that show what different words or phrases in their Psalm mean!



### connect questions

Tell me about the Psalms.  
What are you thankful for?

### lesson supplies

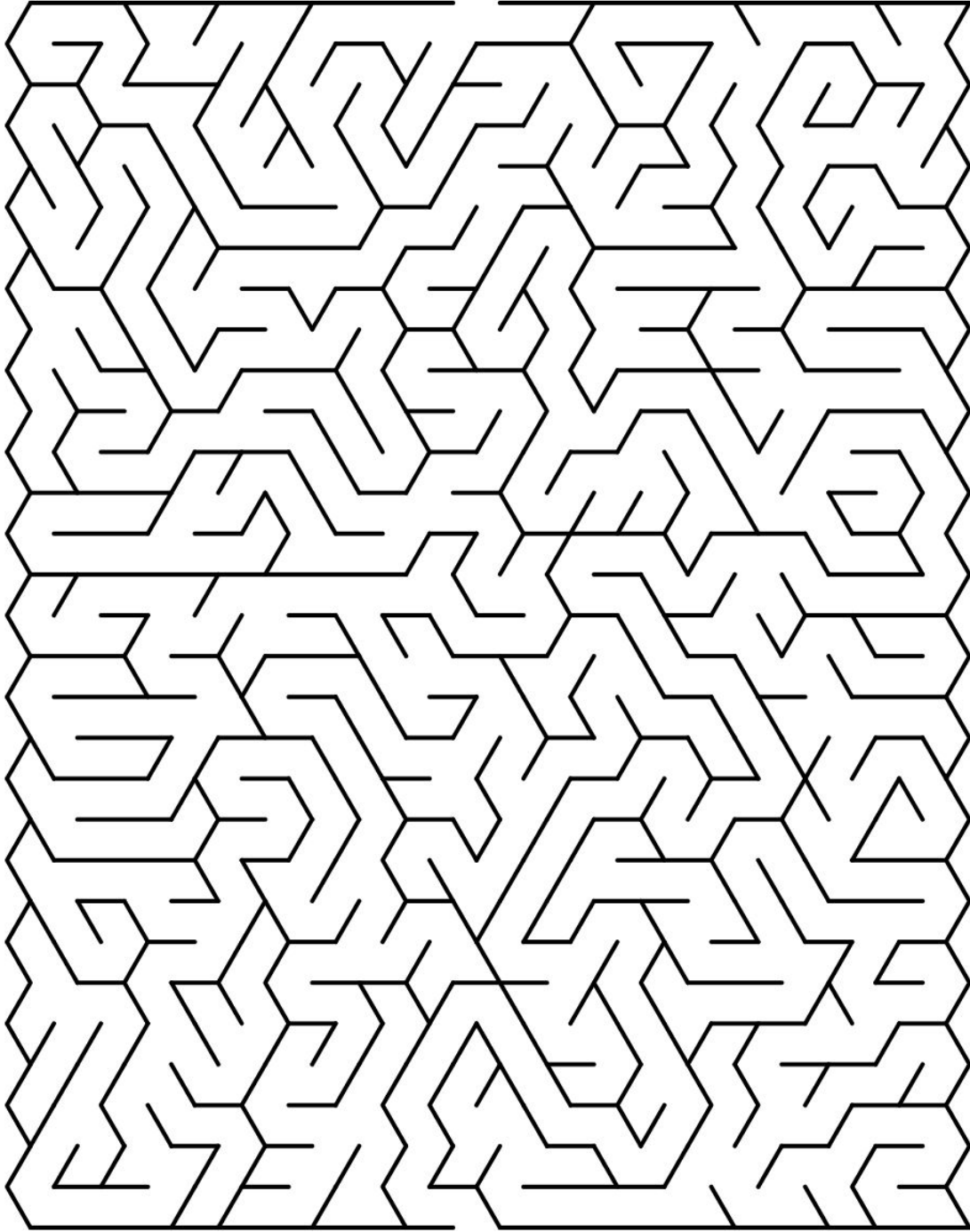
Large Group			
Item	Usage	Details	Provided by
Adventure Bible	1 per large group, reused	<a href="http://BiblesbytheCase.com">Biblesbythe Case.com</a>	site
Chair	1/ kid (or as many are in the room)		site
Paper	1/kid	8.5x11 paper	site
Large piece of tear off paper	1 piece for every 6 kids		site
Markers	1 per kid		site

Small Group			
Item	Usage	Details	Provided by
Colored dot stickers	1 per kid	Provide enough colors for each group at a service to use a separate color. Staples: <a href="#">Avery 5472</a> or <a href="#">Avery 5795</a> or <a href="#">Avery 5473</a>	site
Maze sheet - Psalms	Quantity determined by site.	8.5x11 paper, black&white, Page 9	site
Word search sheet - Psalms	Quantity determined by site.	8.5x11 paper, black&white, Page 10	site
Markers	1 set per group, reused		site
Psalms template	1 per kid	8.5x11 paper, black and white, Page 11	site
Psalms strips	1 set of 16 strips per small group	8.5x11 paper, black&white, cut each page into 4 strips, Pages 12-15	site



name

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name

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G U O D P W Y T S J V D R V H  
L F R L O W R S Q L V P H I Y  
J H U M C W K N E U H B V N Q  
P C I L J V O Y X R I V C S U  
D D B U E I Z R P E I C J T B  
C A T N T S V I S O P B L R I  
N H V O Q C G D A H I E V U B  
E G M I J Q Q W L Z I F J M L  
T E H T D E W S M X N P K E E  
P K M I X V W N S U M H E N I  
Q R M Y T H A N K S I U J T W  
Y Z A H X S I N G L C P S S T  
I F R I O N H G J P C X F I Y  
Q D J F S W M B O J N P W L C  
A Z C X M E V D N U W Z L U O

PSALMS  
PRAISE  
WORSHIP  
THANKS  
SING  
MUSIC  
INSTRUMENTS  
BIBLE  
DAVID  
EMOTION

A decorative scroll with a braided border. The central area contains horizontal lines for writing. The text "MY PSALM" is written at the top center, and the number "5" is in the top right corner.

MY PSALM

5

Blank lines for writing the psalm text, consisting of 16 horizontal lines of varying lengths, starting from the top left and moving downwards.

The Lord is my shepherd

God comforts me

The Lord is strong and mighty

God cares for me

God, I put my trust in you

God always does what is right

God is always here for me

Please help me, God

I will praise the Lord

God, you hold me safe in your hand

God, you are good

Be strong and don't lose hope

God, you know me

God, you made me amazing and wonderful

Help me do what is right

God, I praise your name

# A/V needs

3rd-5th



1. KC Logo Slide: for when kids enter the room (All that You Need instrumental; mp3 only; can be downloaded on website)
2. Video: Kid President's 25 Reasons to Be Thankful (0:00-3:09; <https://www.youtube.com/watch?v=yA5Qpt1JRE4>)
3. Video: Summary of Psalms for Kids ([https://youtu.be/GtG5x\\_3FHZg](https://youtu.be/GtG5x_3FHZg))
4. Video: 10-Minute Timer (<https://www.youtube.com/watch?v=Vn31KFenBlo>)
5. Video: 10-Minute Timer (<https://www.youtube.com/watch?v=Vn31KFenBlo>)
6. Video: 10-second countdown video\_111818
7. Psalm 23 Sketch Video (<https://www.youtube.com/watch?v=m6hScO-rQiM>)
8. Slide: Psalm 23:1 The Lord is my shepherd; I have all that I need.
9. Music Video: You Are Able (0:00-5:00; <https://youtu.be/2mNiCb7JK0Y>)
10. Music Video: Bulletproof (<https://www.youtube.com/watch?v=bq11yqdsomq>)