



3rd-5th

April 29-30, 2017

DATE

The Fruit of the Spirit

LESSON TITLE

Galatians 5:16-25

WHERE TO FIND IT

When the Holy Spirit lives in us, we act like him.

MAIN POINT

schedule

Connect Time (15 minutes): Five minutes after the service begins, split kids into groups and begin their activity.

Large Group (30 minutes): Begin 20 minutes after the service starts. Model what it looks like to be engaged in large group.

Small Group (15 minutes): Keep kids in small groups until parents arrive. If you all have extra time at the end, you can review the video and songs together.

tips

As soon as kids walk in the door, welcome them by name. Find a way to connect with them by asking them what they did today, what their favorite movie is, or even who took them to Kids' Club today.

check-in/out

As kids leave, encourage them to share the fruit of the spirit they decided to work on this week!

large group heads up

Today, we're talking about the Holy Spirit and what our lives look like when we are living by the power of the Spirit. This can be a tough concept, so ask the Holy Spirit to reveal it to kids.

connect time

GOAL: *Connect Time is all about engaging kids in an activity that allows them to connect with each other right away while simultaneously piquing their curiosity for Large Group and preparing their minds for what they're going to hear.*

WALKING HOSPITAL TAG

- Stay in one large group.
- This is a **walking** game of tag. Anyone who *runs* is automatically tagged.
- Pick 2 kids to be "it".
- Once a kid is tagged, they have to pretend to be injured in the spot/body part they were tagged (Ex: If tagged on the shoulder, they have to continue walking as if they have an injured shoulder. If tagged on the leg, they have to limp, etc.)
- If a kid is tagged a second time, they have to sit.
- When all kids are sitting, the game is over.
- Play normally the first time. Then play again with 5 "healers" wearing **heart stickers**. The healers can go high-five kids who are sitting. The sitting kids are "healed" and back in the game! Stop game play whenever you choose, as there will be no clear "end."

TALK ABOUT IT

- You had "healers" that helped you get back in the game. Who can you think of in real life that helps you?
- What was the best or worst part of your week?

Before you go to Large Group, you can ask kids how their week went. You can also remind kids of the expectations for Large Group behavior: (1) be kind, (2) listen when somebody speaks, and (3) follow the leader's instructions.



instructions

Goal: Kids will (1) review the fruit of the Spirit, (2) understand how to live by the Holy Spirit (3) evaluate their own choices based on the fruit of the Spirit.

Why? It's hard to understand how God's Spirit can live inside of us. But He can, and we want kids to begin to understand that and lean into him!

Tip: Be honest about what you don't understand. Encourage kids to ask the Holy Spirit questions and to look in the Bible.

small group

REVIEW THE STORY

1. There's two different powers we can choose to live by. What are they? (Our own sinful nature, or the Holy Spirit)
2. What's the fruit of the Spirit? Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control.)
3. Knowing what fruit of the Spirit is, what do you think the fruit of our sinful nature might be? (Anger, jealousy, selfishness, etc.)
4. HOW can we live by the Spirit? (When we believe Jesus took our punishment and we want to follow him, we can ask the Holy Spirit to live inside of us and help us.)
5. How do we KNOW if we're living by the power of the Holy Spirit? (We bear the fruit of the Spirit (all of it). We make choices that are loving, peaceful, joyful, gentle, kind, full of self-control, etc.)
6. What happens if we mess up? (We WILL mess up! But the Holy Spirit stands up for us because Jesus has taken our punishment. We can repent (turn away from our selfish, sinful choice), and just start following Jesus again.)

MAKE IT PERSONAL

- Give each kid a **verse card** (On the back is an image of fruit.)
- Tell kids to take a minute and think about the Fruit of the Spirit they wrote on their sticker in Large Group. **What is one specific way they can show it this week?** (For example, if it's patience, how will they be more patient this week? If it's gentleness, what will they do to be more gentle?)
- Once they've come up with an answer, they should **write or draw** it on their fruit image, and use it as a reminder throughout the week.

** If you want, save some of the discussion questions from above, and discuss them as kids do the activity.*

Extra time? Come up with ways your week will look different if everybody was living by the power of the Spirit. Have kids write ways on the back of one of the sheets you used during Connect Time. You can also play Pictionary using the fruits of the Spirit (find creative ways to draw a "fruit").

special notes

For the end of today's Large Group, you'll need **markers** and a **name tag sticker** for each kid. Choose some volunteers to hand the supplies out when needed.

presenter tips

Watch today's video here:

Galatians / The Fruit of the Spirit:

<https://www.youtube.com/watch?v=E2bhXAR1gCU>

script

WELCOME AND INTRO

Main Goal: Review Connect Time and introduce the lesson.

Notes:

- **Say:** Hi everybody! Welcome to Kids' Club. It's great to see you here. Connect Time was pretty easy today, right? If you get tagged, you're hurt. If you get tagged again, you're out! But what happens if you get tagged by a healer? (Let kids respond.) Yep, you're back in the game!
- **Ask:** Now let's think about real life. What kind of things help you when you're down? What makes you feel you better, like when you're actually sick? (Let kids respond.) Yep, maybe medicine, a cast on your broken leg, or resting in bed.
- **Ask:** Now let's switch gears. What people in your life help you when you're down? Who makes you feel better when you're sad, or who helps you do hard things? (Let kids respond. They may have lots of different answers!) There's definitely a lot of answers to that! It could be your friends, your family, your teacher, leaders here at Kids' Club, or maybe a coach.
- **Say:** Today we're talking about how Jesus helps us in a really special way. He's given us something called the Holy Spirit. Does anybody know what that is? (Let kids respond.) Yep, it's the part of Jesus that lives with us, and helps us follow him every single day. There's a guy in the Bible named Paul who talked about the Holy Spirit a lot.

THE HOLY SPIRIT

Main Goal: Understand how the Holy Spirit helps us follow Jesus.

- **Say:** Pau followed Jesus and helped teach others how to follow Jesus. One way he did that was by writing letters to people in churches far away that explained how we should live when we're following Jesus.
- **Say:** But the thing is, following Jesus can be hard. Sometimes we just really feel angry... or want to be mean to somebody who beats us at a game... or feel like taking the best for ourselves. So Paul told us the best way to act like Jesus is to live by the Holy Spirit's power.
- **Say:** The Holy Spirit is God's Spirit, sent to us on earth. The Holy Spirit will live inside us and help teach us and guide us. We'll still mess up sometimes, but you know what's really great? When we mess up, the Holy Spirit will stand up for us and we can remember that Jesus died to take the punishment for our sins. So even though we mess up, we can keep following Jesus.

THE FRUIT OF THE SPIRIT

Main Goal: Understand what the Fruit of the Spirit is, and how it's "produced" in us.

- **Say:** The cool part of the Holy Spirit is that when it lives in us, it gives us something called "The Fruit of the Spirit". Has anybody ever of that before? (Let kids respond.) It's kind of a strange term. Basically, it means that the Holy Spirit produces good things in us, just like a tree produces fruit! For instance, if you plant an apple seed in your yard, an apple tree will grow. And apples will be the fruit.
- **Say:** Everything produces some kind of fruit. Maybe we can barely notice what it is at first, but over time, you can see it, like with a plant. Here's a video to help explain what Paul tells us about producing the fruit of the Spirit. As you watch, see if you can figure out some of the fruit of the Spirit.
- **Video: Galatians / The Fruit of the Spirit**
- **Ask:** So what things make up the fruit of the Spirit? (Let kids name as many as they can remember.)
- **(Image: Fruit of the Spirit)** Let's see if we got them all: Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control! Here's what Paul said about it:
- **Slide: Galatians 5:22-23: But the fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself. There is no law against things of that kind.**

THE FRUIT OF THE SPIRIT (Cont.)

Main Goal: Understand what the Fruit of the Spirit is, and how it's "produced" in us.

- **Say:** The great news is, we don't have to *work* to be happy or to be loving or to be kind. We just need to ask the Spirit to live inside of us and follow what he tells us to do. When we do, he'll give us the power to do not just one...but ALL of these things.
- **Say:** Now even though we have the Holy Spirit in us when we follow Jesus, sometimes we decide to let something ELSE take control. Maybe we don't *want* to do what the Spirit is telling us to do, like being loving. So instead, we do something else, like getting angry.
- **Say:** Paul tells us one of two things is in control. Either we can live by the power of our sinful nature, doing what WE want to do. Or we can live by the power of the Spirit, with the Holy Spirit in control, doing what the SPIRIT wants us to do.

LIVING IN THE SPIRIT

Main Goal: Practically apply the Fruit of the Spirit to real-life situations.

- **Say:** Let's imagine that in our own lives for a moment. Everybody, stand up! (Let kids stand.) OK, *this* side of the room (point to one side) is the US side. Go to that side if what I say is living by our own power, and not the Spirit. *This* side of the room (point to the other side) is the Holy Spirit side. Go to that side if what I say is living by the power of the Holy Spirit.
- **(Image: Fruit of the Spirit)** Remember, the Holy Spirit will ONLY tell you to do something that fits every single one of the things in this picture, and that Paul talked about:
 - You get really excited when a friend gets to go on a cool trip, even though you don't get to go (Spirit)
 - You get really jealous when a friend gets to go on a trip because you don't get to go (Us)
 - Someone made up a really mean rumor about you, start a gossip about them behind their back (Us)
 - You're invited to a party, but you already promised another friend you would do something with them. You keep your commitment, and hang out with your friend (Spirit)
 - You laughed when you saw a school bully finally got in trouble for what he/she did (Us; that's a hard one, isn't it? But it's not Fruit of the Spirit!)
 - You asked your friend to come to Kids' Club with you because you wanted him/her to know about Jesus (Spirit).

RESPONSE TIME

Main Goal: Give kids a chance to actively respond to what they heard, and listen to what God is telling them.

- **Say:** Really good, everyone! Now go ahead and sit back down. It's really easy to live by our own power and do what we want to do. It's a lot harder to live by the Holy Spirit's power and listen to him. But it's worth it to bear amazing fruit like love, peace, joy, gentleness, faithfulness, and all the others (Refer to the image still on-screen.)
- **(Have volunteers pass out markers and a name tag stickers to every kid, while you explain the next part.)**
- **Say:** Right now, pick out one of those words you see on the screen. Either love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, or self control (Pause.) Got it? Now write it on the sticker you just got. (Give kids to respond.) Okay, now slap this sticker on yourself, and for the rest of the day, try to work on having that specific Fruit of the Spirit. Ask God to help you produce more of it!

PRAYER AND WORSHIP

Main Goal: Close the lesson with prayer and worship.

- **Say:** Now let's pray together, and ask the Holy Spirit to be with us no matter what we're going through.
- **Pray:** *Ask somebody to pray and ask the Holy Spirit to help us live by his power this week.*
- **Say:** Let's stand now and worship Jesus, thanking him for giving us the gift of the Holy Spirit so that we aren't stuck making choices by our own power.
- **Music Video:** Trust in the Lord
- **Music Video:** I'm Yours

Dismiss kids to small groups.



connect questions

Tell me about fruit of the Spirit.

How can we live by the power of the Holy Spirit?

lesson supplies

Connect Time			
Item	Usage	Details	Provided by
Heart Sticker	5 per room per service	Oriental Trading; Funky Heart Roll of Stickers ; IN-12/1885	KC Central

Small Group			
Item	Usage	Details	Provided by
Markers	1 set per small group, reused	In room	site
Verse card	1 per kid	Color, double sided, 8.5x11 cardstock, cut into ¼ sheets, Pages 10-11	site

Large Group			
Item	Usage	Details	Provided by
Adventure Bible	1 per room		site
Markers	1 set per small group, reused	In room	site
Name tag sticker	1 per kid	Staples Item 404301 or Sam's Club; Avery Self-Adhesive Name Badge Labels ; Item #116833	KC Central



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Galatians 5:22-23



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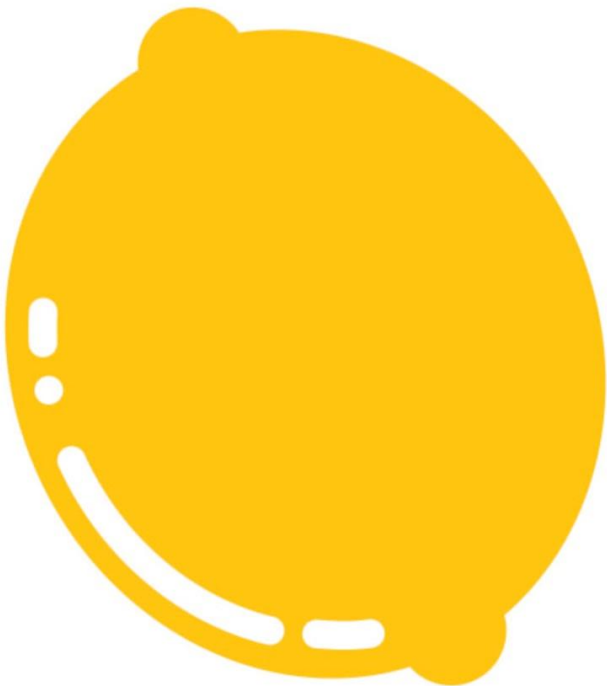
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1. Song slide: for when kids enter the room (All that You Need instrumental; mp3 only; can be downloaded on website)
2. Video: Galatians / The Fruit of the Spirit (<https://www.youtube.com/watch?v=E2bhXAR1gCU>)
3. Image: Fruit of the Spirit
4. Slide: Galatians 5:22-23: But the fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself. There is no law against things of that kind.
5. Image: Fruit of the Spirit
6. Music Video: Trust in the Lord (<https://vimeo.com/153815987>)
7. Music Video: I'm Yours (<https://vimeo.com/77168212>)