



3rd - 5th

March 4-5, 2017

DATE

I Am Journey Week 4: Moses and the Red Sea

LESSON TITLE

Exodus 5-15; Psalm 139:13-14

WHERE TO FIND IT

God has plans for us.

MAIN POINT

schedule

Connect Time (15 minutes): Five minutes after the service begins, split kids into groups and begin their activity.

Large Group (30 minutes): Begin 20 minutes after the service starts. Model what it looks like to be engaged in large group.

Small Group (15 minutes): Keep kids in small groups until parents arrive. If you all have extra time at the end, you can review the video and songs together.

tips

Expect kids to have different learning styles, and playing styles! Some kids might need downtime to adjust to their surroundings, or just a little quiet time. Some kids will want to tell you everything about their week, or play an active game. Be flexible, and do whatever helps a kid feel most comfortable!

check-in/out

As kids leave, ask them what they wrote/drew in small group!

large group heads up

Week 4 of the **I AM Journey** continues the story of Moses, and how God had big plans for him to help rescue the Israelites from slavery. God has plans for us too—plans to give us peace, hope and freedom!



connect time

GOAL: *Connect Time is all about engaging kids in an activity that allows them to connect with each other right away while simultaneously piquing their curiosity for Large Group and preparing their minds for what they're going to hear.*

OBSTACLE COURSE RACE

- You will need **chairs**, **yarn** and two containers of **spoons** (1 spoon per kid.)
- Before starting Connect Time, there's some extra preparation required:
 - Create 2 "obstacle courses" (Both obstacle courses should be as similar as possible.) Here's how to set them up:
 - Set up 2 rows of 3-4 chairs each. Take the roll of yarn and tie pieces of it between the chairs so that it hangs between them in low places, high places, diagonal places, etc.
 - Make sure the chairs are spread apart enough that a kid will be able to duck over/under the string fairly easily.
- Now that the two obstacle courses are set up, divide the room into 2 teams, and have them line up at the beginning of each obstacle course.
- Explain that each team has a container of very special, super-valuable spoons, and they have to be transported to the other side of the room. But the only way to get them there is through the obstacle course!
- On your mark, the first kid from each team will grab a spoon from the container and race through their obstacle course as fast as they can:
 - They have to try to NOT touch any string
 - They have to hold their spoon the whole time
- Once that kid finishes the obstacle course with their spoon, the next kid in line grabs a spoon and races through the obstacle course. Let both teams finish until all the kids have gone.
- **Encourage kids to cheer their team on from the sidelines as they wait to race!***
- Possible adaptations for larger groups:
 - If you have an extra-large group, you could divide the room into three teams, and set up three obstacle courses. Or, to make the activity go faster, have kids start going through the obstacle course when the kid ahead of them is about half way through.

TALK ABOUT IT

- What was the funnest part of this game?
- What was the hardest part of the game?

Before you go to Large Group, you can ask kids how their week went. You can also remind kids of the expectations for Large Group behavior: (1) be kind, (2) listen when somebody speaks, and (3) follow the leader's instructions.



instructions

Goal: Kids will (1) identify how God had big plans for Moses to help rescue his family, (2) recognize that God has big plans for us too and (3) identify one way we can follow God just like Moses did.

Why? If kids are able to identify acts of God's power on their own in the story, they'll know how to identify God's power on their own in real-life situations too.

Tip: Make sure to give kids some tangible examples to help them through today's activity (There's specific examples on the next page, but feel free to come up with your own!)

small group

REVIEW THE STORY

1. Why did the Israelites need rescuing? (They were slaves in Egypt and had no freedom; they were miserable and forced to do hard, tiring work all day.)
2. What did God do to convince Pharaoh to let his family go? (He sent the 10 plagues; the last plague caused Pharaoh to finally say yes.)
3. How did God rescue his people, even after Pharaoh chased after them? (He parted the Red Sea and the Israelites walked through it on dry ground; then he closed it back up so they would be protected.)
4. What was Moses' part in God's plan to rescue the Israelites? (God wanted Moses to lead the Israelites to freedom, Moses told them to trust in God, etc.)
5. If you were Moses, how would you have felt to hear God's plan for you?
6. Does God have a plan for you? What might it be? (Could be what he wants us to do now, or in the future, etc. You could also ask what kids thought in Large Group.)

MAKE IT PERSONAL

- Lay out a **large sheet of tear-off paper** and **markers**.
- As a group, draw a "wall" of water down each side of the paper, so that it looks like there's water on each side with dry land through the middle—just like when God parted the Red Sea. (If you want, have kids do this while you ask the discussion questions.)
- **Ask** kids: What do you think God's plan is for you? (Ask them these specific questions to get them thinking: *What does God want me to do? How can I follow him? How can I show love to the world? How can I be brave? What am I good at?*)
- Now give kids the rest of the time to **write/draw** those things down the middle of the "Red Sea". They can put as many things as they want, or just one. (Look on the next page for some examples to get kids thinking.)

- Maybe God's plan for you is to....
 - Tell others about Jesus.
 - Stick up for people who don't have anyone to stand up for them.
 - Become friends with someone who's lonely or new at school.
 - Use your special gifts and abilities for God.
 - Decide to follow Jesus and get baptized.

Extra time? Play Red Light Green Light! Let one kid be the leader and stand on the opposite side of the room from all the other kids. When the leader says, "Green light", kids can walk forward. When the leader says, "Yellow light" the kids have to walk very slowly. When the leader says, "Red light" the kids have to stop still. Whoever reaches the leader first wins, and then gets to be the new leader!

special notes

Worship is at the beginning of the lesson today, not the end!

presenter tips

Here's a link to today's Kids' Club videos:

Storytellers / The Red Sea:

<https://vimeo.com/176635067>

What is Identity?

<https://vimeo.com/195824120>

script

WELCOME AND WORSHIP

Main Goal: Review Connect Time and introduce the lesson.

Notes:

***Click to play intro music.**

- **Welcome:** Hey everybody, welcome to Kids' Club! We're so glad you're here. Before we get started, we're going to take a minute and talk to God. Let's ask him to speak to us today as we hear about how he has big plans for us.
- **Pray:** God, thanks for bringing us to Kids' Club today. Help us listen, and hear what you have to say. We love you, amen!
- **Say:** One way to hear from God is to worship him! When we worship, that means we focus only on him. So everybody stand up, and let's sing and dance to God!
- **Music Video: You Come in a Hurry**
- **Say:** Great job guys! You can have a seat. Now raise your hand if you had fun racing through the obstacle course in Connect Time? (Let kids respond.) Yeah, I'm sure you did! Who doesn't love to duck and jump and maybe get tangled up in yarn?
- **Ask:** Even though it was fun...was it kind of hard to get through? (Let kids respond.) Yep, it was a little tricky! But it was still worth it, right? (Let kids respond.)
- **Say:** Today we're talking about something that was WAY harder than getting through an obstacle course. There was a group of people who had to get across a whole SEA without any boats or submarines or anything!

GOD HAS PLANS FOR MOSES

Main Goal: Understand the special plan God had for Moses—to help rescue the Israelites from slavery!

- **Say:** This group of people were called the Israelites. They were God’s special family, and they were being led by a guy named Moses.
- **(Image: Moses)** God wanted Moses to rescue his family and lead them out of slavery in Egypt! God had REALLY big plans for Moses. The thing is, Moses definitely couldn’t lead God’s family to freedom by himself. In fact, before this, Moses was pretty afraid. He didn’t think he could lead anybody anywhere!
- **Say:** The thing is, even if we’re afraid, or sad, or worried, God can always help us be brave. If he has big plans for us, like he did for Moses, he’ll always help us through them!

PHARAOH SAYS NO

Main Goal: Understand why God’s family needed to be rescued, and that Pharaoh did NOT want to let them go.

- **Say:** Now the ruler of Egypt—Pharaoh—was making God’s family work as slaves. He was treating them badly, sometimes even hurting and killing them. God told Moses to go to Egypt and say to Pharaoh, “God says to let his people go.” So that’s what Moses did.
- **Say:** Moses knew that he could do nothing by himself to convince Pharaoh that he should obey God. He had no power or money. There was no reason for him to think Pharaoh would ever listen to him. So Moses knew he needed to let *God* change Pharaoh’s mind.
- **Say:** Do you know what Pharaoh said when Moses told him to let God’s people go? (Let kids respond.) He said....
- **(Sound clip: “NOOOO”)** Pharaoh was stubborn and he didn’t care what God thought. There’s nothing Moses could do about that, but fortunately, God was on Moses’ side. And nothing is impossible for God.

GOD RESCUES HIS FAMILY

Main Goal: Understand how God delivered his people to freedom.

- **Say:** So after Pharaoh said “no,” God helped Moses carry out an amazing plan to rescue the Israelites. Let’s watch a video and see what happened. As you watch, think about how serious God was about setting his family free. He did some amazing things to show Pharaoh he wanted him to let his people go!
- **Video: Storytellers / The Red Sea**
- **Say:** Wow, so what did God do to convince Pharaoh? (Let kids respond.) Yep, God sent the 10 plagues. He was warning Pharaoh that he should listen and obey, otherwise some really bad things would happen. Do you remember what the plagues were? (Let kids respond.)

THE 10 PLAGUES

Main Goal: Describe the 10 plagues, and why God sent them.

- **(Image: 10 Plagues)** Yeah, things like flies, frogs, locusts, gnats, people getting boils on their skin, the water turning to blood, darkness during the day, animals dying of sickness, and huge hailstones.
- **Ask:** What did Pharaoh say after those first 9 plagues? (Let kids respond.) That's right...he said no, *again*. So God sent a 10th and final plague. Do you remember it? (Let kids say: The oldest sons would die.) Yes, an angel of death would come and take all the oldest sons. And that last plague made Pharaoh realize that God was stronger than he was.
- **Say:** Amazingly, God rescued all the sons in his special family. They could kill a lamb instead. If they killed a lamb and wiped its blood on the door, the angel of death would skip over their house. God was giving us a preview into the way Jesus would one day take the punishment of death that should have been ours. One day, we would be rescued too!
- **Say:** So after the final plague, Moses asked Pharaoh if God's family could go...and Pharaoh finally said yes. God's family left right away and headed out of Egypt, toward the land God had promised them.

GOD PARTS THE RED SEA

Main Goal: Recognize the incredible miracle that God did when he parted the Red Sea and delivered his family from slavery once and for all.

- **(Image: Pharaoh on his chariot)** But then, Pharaoh decided that he didn't really want to let God's family go! He was going to go back and get them! So Pharaoh got a whole army and probably some horses and chariots. And they started chasing after God's family.
- **(Loop: Stormy Sea)** God's family had a head start, but before long, they came to the edge of the Red Sea. It was too deep to cross, and Pharaoh and his army were getting *closer* and *closer*... But even though Pharaoh and his army were fast...who's stronger—Pharaoh or God? (Let kids say: GOD!) Yep, God is!
- **Ask:** What happened next? (Let kids respond.) Yep, God parted the Red Sea. He made two walls of water with a dry path RIGHT through the middle! The people walked through—and were able to get away from Pharaoh and his army.
- **Ask:** Did God's family make it safely to the other side? (Let kids respond.) Yes! And even though Pharaoh and his men tried to follow them, God closed the sea so that they couldn't get to God's family again. God had rescued his family, and he used Moses to help him do it.

GOD HAS PLANS FOR US

Main Goal: Understand that God made us all special, and he has a unique plan for our life.

- **Ask:** Back when the Israelites were still afraid that Pharaoh would catch up to them, do you know what Moses told them? (Let kids speculate.)
- **Say:** Moses told God’s family not to worry. He said, “God will provide a way!” See, Moses trusted in God. He knew that God had a plan for him, and for all the Israelites. He realized that God made him for exactly this reason!
- **Say:** You know what else? God has made YOU for a special reason too. He has good plans for you just like he had for Moses. Let’s watch a short video right now and think about what those plans might be. Think about how God made you, and what he might want you to do at school, at home, or maybe when you grow up!
- **Video: What is Identity?**

RESPONSE TIME AND WORSHIP

Main Goal: Give kids a chance to actively respond to what they’ve heard today.

- **Say:** Right now, let’s all close our eyes, and think of one thing you love to do, or one thing that you’re good at. (Pause.) Got it? Okay, now keep your eyes closed, and think of how you could do that thing for God. (Pause.) Good job, you can open your eyes!
- **Say:** No matter what we’re good at, or even if we think we’re not good enough—kind of like Moses first did—God has plans for us. He wants us to follow him and show others how to follow him too.
- **Ask:** Can someone read this verse for the group? It’s all about how God has good plans for us, and how he always knows what he’s doing!
- **Slide: Jeremiah 29:11 For I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.**
- **Say:** Let’s celebrate God for that and sing one more worship song! This one is all about how we can be brave because God is with us.
- **Music Video: Brave Ones**
- **Say:** Let’s pray right now, and thank God for having a plan for our life!
- **Pray:** God, thank you for rescuing your family. Help us remember that you have big plans for our life, and you will always be with us. Amen!

**Send kids to small groups.*

LESSON needs

3rd-5th

March 4-5, 2017



connect questions

Tell me about Moses and the Red Sea.

What plans does God have for us?

lesson supplies

Connect Time			
Item	Usage	Details	Provided by
Chairs	6 chairs for each half of the room, reused	In room	Site
Yarn	1 roll per group	Fabric/craft store, any color	KC Central
Plastic Spoon	1 per kid, reused	Member's Mark White Plastic Spoon (600 ct.) ; Item #988514	KC Central
Plastic container	3 per room, reused	Big enough to hold spoons for game	Site

Small Group			
Item	Usage	Details	Provided by
Markers	1 set per small group, reused		site
Large sheet of tear off paper	1 per small group		Site

Large Group			
Item	Usage	Details	Provided by
Adventure Bible	1 per room		site

A/V needs

3rd-5th



1. Song slide: for when kids enter the room (All that You Need instrumental; mp3 only; can be downloaded on website)
2. Music Video: You Come in a Hurry (<https://vimeo.com/185495000>)
3. Image: Moses
4. Sound clip: "NOOO!" (<https://www.youtube.com/watch?v=-EkWHhKgBuQ>)
5. Video: Storytellers / The Red Sea (<https://vimeo.com/176635067>)
6. Image: 10 Plagues
7. Image: Pharaoh and his chariot
8. Loop: Stormy Sea (KC/SM media videos songs>loops>stormy sea)
9. Video: What is Identity? (<https://vimeo.com/195824120>)
10. Slide: Jeremiah 29:11 For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope.
11. Music Video: Brave Ones (<https://vimeo.com/199998672>)