



Kindergarten-2nd

April 9-10, 2016

DATE

BRAVE Journey: Deborah

LESSON TITLE

Judges 4-5; Psalm 56:3

WHERE TO FIND IT

Jesus makes us brave.

MAIN POINT

schedule

Connect Time (15 minutes): Five minutes after the service begins, split kids into groups and begin their activity.

Large Group (30 minutes): Begin 20 minutes after the service starts. Model what it looks like to be engaged in large group.

Small Group (15 minutes): Keep kids in small groups until parents arrive. If you *all* have extra time at the end, you can review the video and songs together.

tips

Try to think of the room as a group of many individual kids, all with their own unique personalities and abilities! Kids might be engaged even if they don't look like it.

check-in/out

As kids leave, ask them to show their parents the bravery badges they made!

large group heads up

Today's story is about the bravery of Deborah! She led the Israelites to a great victory in battle, all because she listened to God and obeyed what he said.



connect time

GOAL: *Connect Time is all about engaging kids in an activity that allows them to connect with each other right away while simultaneously piquing their curiosity for Large Group and preparing their minds for what they're going to hear.*

TELEPHONE TELEPHONE

- If you can, split the room into **small groups**, with at least one volunteer leading each group.
- Split each small group into **two teams**. Have them stand in two lines, facing each other.
- Explain to kids that you're going to **tell the first kid in each line a silly phrase**. That kid has to quietly whisper the phrase to the next kid in the line; then that kid has to whisper what they hear to the next kid, etc.
- Once the last kids in each line have heard the phrase, they should raise their hands to show that they're done.
- Have each kid at the end of the line say, out loud, what he/she heard. By the time the last kids hear the phrase, it will probably sound much different than what it was originally supposed to be! Whichever team's ending phrase is closest to the original, wins!
- Play as many rounds as you have time for, giving the teams different silly phrases for each round. If you want to switch it up, have kids get into new teams, or have them sing a phrase instead of just saying it!
- Here's some examples of silly phrases to use:
 - The purple giraffe went swimming in the swamp.
 - The pink hippopotamus is a silly dancer.
 - Cats love to dance when it's snowing outside.
 - Have kids make up their own silly sentences!

TALK ABOUT IT

- How did you know what to say? Would you have said those things if someone hadn't told you to?
- Has God ever given you the power to do something? (This might be tough for kids to think of, and that's ok. We'll talk more about it in Large Group!)

Before you go to Large Group, you can ask kids how their week went. You can also remind kids of the expectations for Large Group behavior: (1) be kind, (2) listen when somebody speaks, and (3) follow the leader's instructions.



instructions

Goal: Kids will (1) understand how Deborah showed bravery, (2) identify how Deborah's power came from God, and (3) identify how God gives them power to be brave too.

Why? Deborah is a great example of how we can receive bravery from God, instead of just trying to be brave on our own.

Tip: It's always helpful to give kids a tangible example of bravery to help them figure out a brave step they can take in their own life, so prepare for Small Group by coming up with your example of how God helped you to be brave.

small group

REVIEW THE STORY

1. Why did God send judges to the Israelites? (They had turned away from God and were making wrong choices.)
2. Who was Deborah? (A judge and a prophetess; she helped the Israelites follow God and told them what God said to her.)
3. What did Deborah hear from God? (That God would defeat the enemy, Sisera. God would march ahead of them into battle!)
4. How did Deborah show bravery when Barak was scared to go into battle? (She heard from God and told Barak and the Israelites about it; she listened to God and obeyed his call; she trusted that God would go ahead of them into battle and would defeat the enemy.)
5. Did God say anything to you during Large Group?
6. How do you think God wants you to be brave this week?

MAKE IT PERSONAL

- Tell kids that we're going to play a guessing a game!
- You'll give kids a scenario. **If it's brave**, they should hold give a **thumbs up**. (Demonstrate.) **If it's not brave**, they should give a **thumbs down**. (Demonstrate.)
- **Give kids the following scenarios from the story of Deborah...**
 - The Israelites didn't trust God, so they disobeyed him. Brave, or not brave? (Not brave.)
 - Deborah listened to God and told others what he said. Brave or not brave? (Brave!)
 - Barak was worried about going into battle. Brave or not brave? (Not brave.)
 - Deborah told Barak that God would be with them on the battlefield, so he shouldn't be afraid. Brave or not brave? (Brave!)

(Continue on the following page)

- Barak led his troops into battle, and trusted God that would keep them safe! Brave, or not brave? (Brave!)
- **Now give kids the following real-life scenarios.** For each scenario that is “not brave,” ask kids what would be the brave choice to do instead.
 - You see someone making fun of your friend, and you decide to make fun of them too. Brave, or not brave? (Not brave.)
 - Your mom or dad is sick, so you decide to help them do a chore at home. Brave, or not brave? (Brave!)
 - You feel afraid to take a test at school, so you ask God to help you. Brave, or not brave? (Brave!)
 - Your brother or sister is feeling sad, so you ignore them and don’t talk to them that day. Brave or not brave? (Not brave.)
 - You invite a friend to come to Kids’ Club with you. Brave or not brave? (Brave!)
 - Ask kids to share ideas!
- Give each kid a **bravery badge sticker** and let them color it with **markers**. Tell them that this badge can be a reminder of who we get our power and bravery from: God!

*Extra Time? Give kids a **coloring page**. After that, play the Telephone game from Connect Time again! This time, have kids make up their own silly phrases. After that, you could have kids play Pictionary on **large tear-off sheets of paper**. Explain that it’s like the Telephone game, but instead of whispering a phrase, you have to draw it, while everyone else guesses what it is.*

special notes

Sometimes it requires a lot of bravery to present in Kids' Club! Share this with kids and help them understand a tangible example of how God calls us to do brave things, like teaching in front a bunch of people! It will help them relate to you, and give them a way to grasp bravery.

presenter tips

Be sure to prepare for today's lesson by checking out today's video on crossroadskidsclub.net/weekend. It's called God's Story / Deborah.

script

***Click to play intro music**

WELCOME AND INTRO

Hey guys! We're so glad to have you here today. Everybody turn to a friend and give them a high five. (Let kids respond.) Okay, now turn to someone you don't know, and give them a high five! (Let kids respond.)

Now let's talk about that game you just played! Did you have fun whispering those silly phrases to each other? (Let kids respond.) How did you know what to say? (Let kids respond.) Yep, you someone told you!

In that game, we listened to our friends, but now we're going to talk about listening to someone else. Can you guess who it is? (Let kids guess, "God.") Yep, God! Let's all put our hand to our ear to show that we can listen to God. (Let kids respond.) Okay, now why do you think it's important to listen to God? (Let a few kids respond.) Those are really good answers.

One of the reasons we listen to God is because it's how we get power from him! Let's all show our arm muscles to show how powerful we can be. (Let kid respond.) Good job. The thing is, today we're not talking about the kind of power that gives us big muscles. We're talking about the kind of power that makes us brave. Power that helps us do brave things we couldn't do on our own!

Let's look at a video of some special cars on a racetrack. Try to figure out where they get their power.

Video: Remote Control Cars

Were those normal cars? (Let kids respond.) No! They were remote control. So where do you



script continued

think their power came from? (Let kids respond. They may need help getting to the following conclusion.) Their power came from the remote control! The ONLY way they could go so fast was because someone was holding a special remote that gave the car power.

Let's talk about some other things that get their power from somewhere else. **(Click to show light bulb image.)** How about a light bulb, where does it get its power? (Let kids respond.) Yep, electricity! It's screwed into a lamp, that's connected to a wire, that gets power from electricity! **(Click to show car image.)** How about a car, where does it get its power? (Let kids respond.) Yep, it runs on gasoline. What about this ship? **(Click to show image of ship.)** How does it get power to move? (Let kids respond.) Yep, the wind pushes the big sails, and that causes it to move across the water!

Today we're going to talk about how WE also need power, because we can't be brave on our own. We don't get it from electricity or the wind though. We get it from God. And today, we're going to talk about a brave woman who got HER power from God...and got to do some really powerful things.

INTRO: GOD'S FAMILY NEEDS HELP

So remember how God chose a group of people to be his special family? They were called the Israelites. Can you say Israelites? (Let kids respond.) But when our story begins today, the Israelites were in some trouble. They had stopped following God, and they needed someone to remind them to turn back to God and follow him.

So God sent his family special leaders, called Judges. Has anybody ever heard of a judge before? (Let kids respond.) Yeah, our judges today usually sit in a big courtroom and help people figure out what's right and wrong. That's kind of what the judges back then did too! But they did a LOT more too. They also showed the Israelites how to live and lead the military!

One of these judges was a woman named Deborah. **(Click to show image of Deborah.)** Can you say, "Deborah"? (Let kids respond.) She not only lead, but she also listened to God and obeyed him no matter what he said, and no matter how dangerous it was.

DEBORAH SHOWS BRAVERY

But when Deborah was brave, it was always because she was obeying what God told her to do. She got power to know what to say and do from God. Today we're going to see how Deborah listened to God and obeyed him, even though other people didn't like what he said.

While Deborah was judge, there was a really mean guy named Sisera who wanted to fight God's family. He did not love God. Can you give me a thumbs down? (Let kids respond.) In fact, he bullied God's family. But Deborah helped God's family face him bravely...because God told her to! As you watch, try to figure out what happens when Deborah and God's family face their enemies.

Video: God's Story / Deborah

What an amazing story of bravery! What happened when Deborah was brave? (Let kids respond.) Yep, God helped his family get rid of their enemies, just like he said he would!



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DEBORAH GETS HER BRAVERY FROM GOD

Think about that for a second: Sisera had all those chariots! He had a huge army! If you were an Israelite, and you were facing an army that was way bigger than yours, how would you feel? (Let kids respond.) Yeah, I think I would be scared too. Remember the guy who was leading the Israelite army? What was his name? (Let kids respond.) Yep, it was Barak, and he was pretty scared of the enemy. He knew he couldn't beat Sisera on his own, and he wasn't sure if God would give him the power he needed.

Deborah was different though. She knew that the Israelites couldn't fight all on their own too! But God had told Deborah that he would rescue the Israelites and give them victory over their enemy. And she believed him!

Let's look at exactly what Deborah said to Barak in the Bible:

Slide: Judges 4:14 Then Deborah said to Barak, "Go! Today the Lord will hand Sisera over to you. Hasn't the Lord gone ahead of you?" So Barak went down to Mount Tabor. His 10,000 men followed him.

Deborah knew that Barak could get his power and bravery from God. Unfortunately, he was still kind of scared to go into battle alone. So Deborah went with him! She showed Barak that her bravery came from God.

Now on the count of three, let's all yell out WHERE Deborah got her bravery! One, two, three...(Let kids respond, "God.") That's right, she got her bravery from God. And guess what? We get our bravery from God too.

GOD DEFEATS THE ENEMY

Once Deborah showed Barak that he didn't need to be afraid, he was ready to lead the army into battle against their enemy. Who remembers what happened next in the story? (Let a kid respond.) Yep, God won the battle! He allowed the Israelites to win, and defeat Sisera. God did exactly what he promised.

God tells us exactly what he told Deborah. He says that whenever we're afraid, or we don't know what to do, or we don't know how to be brave...we can get our bravery from him, because he'll be with us no matter what. Let's practice saying a special verse with motions. (Lead kids in yelling the following phrase and motions again.)

Slide: Psalm: 56:3 But when I am afraid, I will put my trust in you.

- **But when** (Tap your wrist.)
- **I am afraid** (Cover your eyes and act scared.)
- **I will put my trust** (Point to your head, then bring the finger downward, and turn your hand into a fist, enclosing it in your other hand. Refer to the link at the beginning of the Large Group section.)
- **In you** (Point your finger up, bringing your whole arm up.)



script continued

How did Deborah live out this verse when it was time for her to be brave? (Let 1-2 kids respond.) Yep, she trusted God by going out into battle.

HOW WE CAN GET BRAVERY FROM GOD

We all know that Deborah got her bravery from God, and that she showed others how to be brave. But how exactly did she do it? (Let kids respond with open-ended answers.) Great answers! First of all, she listened to God. **(Click to show image of ear.)** She opened her ears, and gave God time to speak to her! Listening to God was how she got power from him. Let's all practice listening to God and getting power from him right now. Everybody bow your heads and close your eyes. (Pray the following out loud.) God, please help us listen to you. We want to hear what you say. Please help us be brave. (Pause.) Now keep your eyes closed, and take a minute to listen to God right now. (Give kids 10 seconds of silence.) Okay, open your eyes!

After Deborah spent time with God and heard his call, she told others how to obey God as well! She didn't just keep it to herself. And that helped others to be brave!

PRAY

Dear God. We know that our bravery comes from you alone. Please help us be brave when we face scary things. We love you. Amen!

WORSHIP

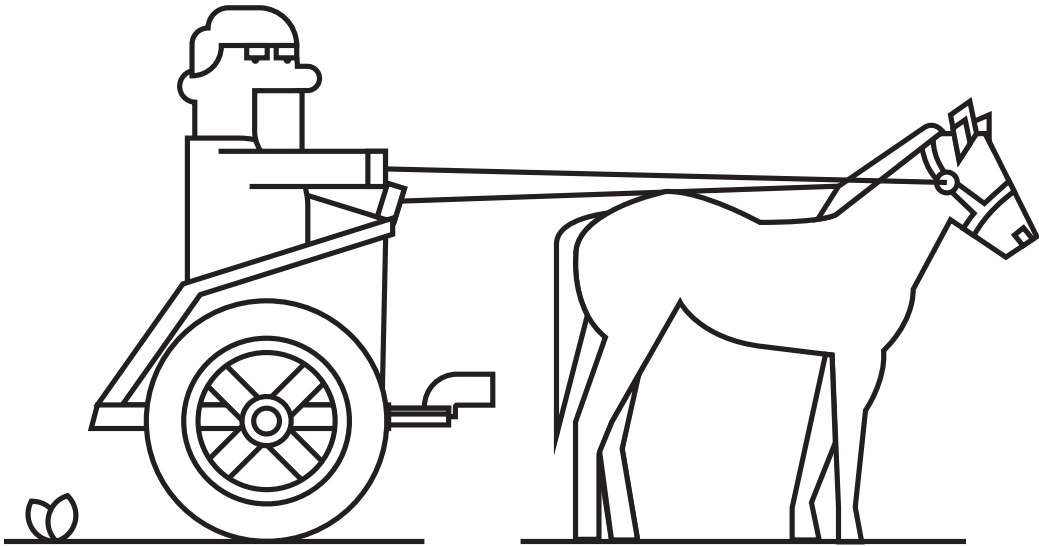
Something we do in Kids' Club a lot is worship. It's a way for us to focus only on God, and tell him how much we love him. It's also a great way to get power from God! So let's all stand up and sing!

Music Video: Trust in the Lord

Music Video: More Like You Are

**Dismiss kids to small groups*

name



PREP needs



connect time supplies

Telephone Telephone Game - No supplies needed

small group supplies

Per kid: coloring page, 1 Bravery Badge sticker (on Avery 5264)

Per group: markers, Bible

large group supplies

Per group: Bible

a/v needs

1. Song slide: for when kids enter the room (All that You Need instrumental; mp3 only; can be downloaded on website)
2. Video: Remote control cars (<https://www.youtube.com/watch?v=llQ97G10dPI>; use 0:20-1:00 only)
3. Image: Deborah
4. Image: light bulb
5. Image: Car
6. Image: Ship
7. Video: God's Story / Deborah (link not yet available)
8. Slide: Judges 4:14 Then Deborah said to Barak, "Go! Today the Lord will hand Sisera over to you. Hasn't the Lord gone ahead of you?" So Barak went down to Mount Tabor. His 10,000 men followed him.
9. Image: ear
10. Slide: Psalm 56:3 But when I am afraid, I will put my trust in you.
11. Music Video: Trust in the Lord (<https://vimeo.com/153815987>)
12. Music Video: More Like You Are (<https://vimeo.com/154219576>)

connect questions

Tell me about Deborah.
Why was Deborah brave?

parent page