



# 3PK

April 9-10, 2016

DATE

BRAVE Journey: Deborah

LESSON TITLE

Judges 4-5

WHERE TO FIND IT

Jesus makes us brave.

MAIN POINT

## schedule

### **First 10 minutes of the service hour:**

Engage kids in cooperative play activities to help them connect to other kids

**Next 5 minutes:** Connect Time

**Next 25 minutes:** Large Group

**Last 25 minutes:** Snack and Small Group

## tips

The process is always more important than the outcome. Kids might not always provide outcomes we want, but we can always focus on building our relationship with them!

## check-in/out

As kids leave, ask them about their bravery badge, and what it reminds them to do!

## large group heads up

Today's story is about the bravery of Deborah! She led the Israelites to a great victory in battle, all because she listened to God and obeyed what he said.

## connect time

**GOAL:** *Connect time is all about engaging kids in a short, interactive game to prepare them for Large Group.*

- **Clean up! (10 minutes after the service start time, when you get the 5-minute warning from the presenter)**
- Line up.
- Tell kids that they're going to be following what you say!
- First, they have to put their hand to their ear and listen to you. (Let kids respond.)
- After they hear what you say, they have to cup their hands around their mouth and repeat it after you!
- Have kids repeat some phrases after you:
  - Woohoo
  - Boop boop bop
  - Hello
  - Weeeee
  - How are you?
  - God loves you
  - Howdy
  - Pow
  - Beeeep
  - God loves me
  - God helps me
  - God makes us brave
  - For fun, ask them to say things in silly voices: loud, soft, like a roller coaster voice going up and down, like a robot, in a growl, like a squeaky mouse voice, like an opera singer, etc.

**As you walk into Large Group, encourage kids to put on their listening ears! Remind them that HOPS will be showing us how we should act in Large Group, so we have to listen!**



## instructions

**Goal:** Kids will (1) understand how Deborah showed bravery and (2) identify how we can get bravery from Jesus.

**Why?** Deborah shows us that we can get bravery from God; we just have to be willing to listen, trust and obey him!

**Tip:** You'll be doing some "bravery games" in Small Group today that involve physical activity, so just be mindful of extra energetic kids and keeping our hands to ourselves!

## small group

### REVIEW THE STORY

1. Why did the Israelites need help from God? (They disobeyed him and made wrong choices.)
2. Who did God send to help the Israelites? (Deborah.)
3. What were the Israelites and Barak scared of doing? (Fighting the mean enemy who didn't love God.)
4. Where did Deborah get her bravery? (God.)
5. Does God want us to be brave too? (Yes.)
6. How do you think God wants you to be brave this week?

### MAKE IT PERSONAL

- Give each kid a **bravery badge sticker** and let kids color with it **markers or crayons**.
- Point out the words on the badge. They say, "Jesus makes me brave!"
- Have kids repeat those words with you as they color, and tell them that this special badge can remind them to be brave this week!
- Once kids are done coloring, peel the sticker and put it on their shirt.
- Now play some bravery games!
  - **Limbo:** Have kids line up in front of you while two leaders hold a **stick**, and have them try to walk under it. Start out holding the stick high, but then make it lower for each round. As they pass under, tell them to say, "Jesus makes me brave!"
  - **Jump:** Have a jumping contest! Have kids all stand at a certain starting point, then, on the count of three, have them jump as far as they can. Do it multiple times, but have kids do silly things while they jump each time. Here are some examples:



(Continue on the following page)

- Jump while waving your hands in the air
- Jump only on one foot
- Jump while singing the ABC's
- Jump while making a silly face.
- Make up as many adaptations as you want! Throughout the game, tell kids to say, "Jesus makes me brave!" as they do the brave jumps.

*Extra time? Let kids do a **coloring page**. After that, play musical chairs. Arrange chairs around a table facing outward and turn on the music. Whenever you stop the music, kids have to find a chair as quick as they can! As a fun twist, every time you stop the music, lead kids in saying, "Jesus makes me brave!" just like their bravery badge says.*





## special notes

It may be a little difficult for preschoolers to understand what a “judge” was in the context of today’s story, so focus on the concept of God sending helpers to the Israelites who could help lead them back to God and help them be brave.

## presenter tips

Be sure to prepare for today’s lesson by checking out today’s video on **[crossroadskidsclub.net/weekend](http://crossroadskidsclub.net/weekend)**. It’s called God’s Story / Deborah.

## script

**\*Click to play intro music.**

Hi Friends! Welcome to Kids’ Club. I’m \_\_\_\_\_ and I’m really glad you’re here today. Before we get started, I want you to meet my friend HOPS.

### **Video: HOPS Have fun!**

(Holding up the **Bible** for kids to see) This is God’s story. Out of all the stories in the world, this story is the most important. Do you know what it’s called? (Let kids respond “the Bible.”) That’s right, the Bible! It’s God’s Rescue plan. This book shows us how He rescued us from all the wrong things in the world.

In the beginning, God made the whole world and everything in it. He created the sun and the moon, the water and the land, the plants and the animals, and people like you and me! Everything was good. Give me a big thumbs up! (Let kids respond. Then change your tone.)

But THEN, something bad happened. Adam and Eve disobeyed God, and all the wrong things came into the world. Things like sadness and death. Show me your sad face. (Let kids respond.)

Even though Adam and Eve disobeyed God, God loved them anyway! He planned a great rescue so that Adam and Eve—and you and me—could be close to God again! Do you know who the Rescuer is? (Let kids say: Jesus!) That’s right! Jesus!

### **INTRO: DEBORAH AND THE ISRAELITES**

God chose a group of people to be his special family. One day, Jesus the Rescuer would come from this family! They were called the Israelites. Can you say, “Israelites?” (Let kids respond.) Good job. Even though God loved his family so much, they decided to make wrong choices.



## script continued

They didn't want to follow God anymore. Can you show me a sad face? (Let kids respond.) Do you think God still loved them though? (Let kids respond.) Yes! He did still love them!

Since the Israelites weren't following God, they needed some help to find their way back to him! So God sent special helpers to the Israelites. One of these special helpers was named Deborah. **(Click to show image of Deborah.)** Can you say, "Deborah?" (Let kids respond.) Great job. Deborah loved God very much, and she always listened to what he told her. Sometimes, God told her special things that he wanted his WHOLE family to know! And she told them what God said to her.

Let's practice telling each other something special, just like Deborah told the Israelites! On the count of three, let's all say, "God loves us!" Ready? One, two, three: God loves us! I think we can do that one more time, do you? (Let kids respond.) Okay, let's say it once more. One, two, three: God loves us! Good job, now let's all put all our listening ears back on.

### DEBORAH SHOWED BRAVERY

Since the Israelites still weren't following God, they were being ruled by a really mean enemy who didn't treat them well at all. Can you give me a thumbs down? (Let kids respond.) This enemy wanted to fight the Israelites! But because God loved his family so much, he kept them safe.

Let's watch a video and see how God kept his family safe. As you watch, try to figure out how if Deborah was brave all on her own, or if she got bravery from somewhere else.

### Video: God's Story / Deborah

So was Deborah able to be brave all by herself? (Let kids respond, "No!") That's right. She got her bravery from somewhere special. Who gave her bravery? (Let kids respond, "God!") Yep, God gave her bravery! And he gives us bravery too. Let's all put our arms up like this. (Make a muscle flexing motion with your arms.)

### JESUS MAKES US BRAVE

We get our bravery from Jesus, because he's our Rescuer. He came to the world to save us from all the wrong things, and he told us that he would always be with us. Let's give ourselves a big hug to show how close Jesus is to us! (Let kids respond.) Since He's always with us, we can get bravery from him anytime we want. All we have to do is ask for it. Let's do that right now.

**PRAY** (Pray, breaking it into small, repeatable phrases.)

Dear Jesus. We love you. Please give us bravery, so that we can follow you no matter what. Thank you Jesus. Aaaa-men!

### WORSHIP

There's another way to get bravery from Jesus; we can worship him, and show him how much we love him! Let's stand up and sing to him right now.



**script continued**

**Music Video: Trust in the Lord**

**Music Video: Jesus Loves Me**

**Song: Thank You Lord**

Dismiss kids to small groups. (Be creative as you dismiss them. Ask them to come give you a high five first, or maybe tiptoe or hop--like Hops--to their groups.)

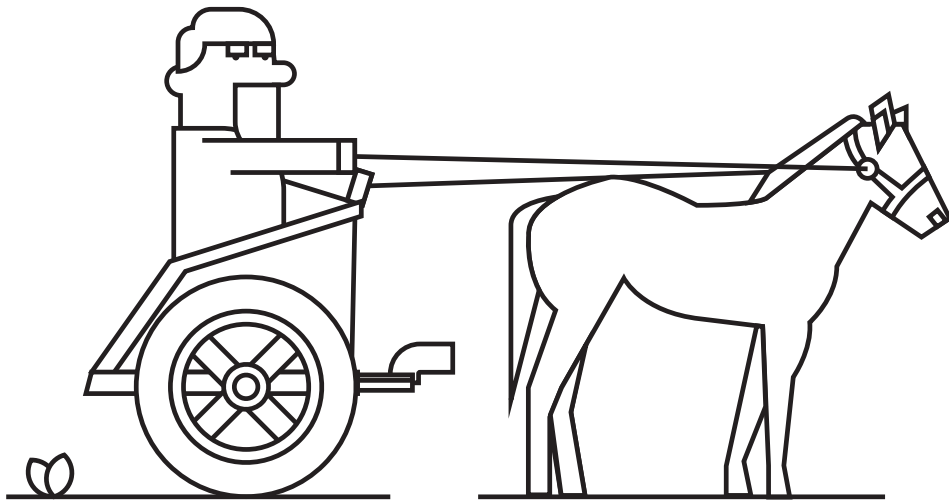




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# PREP needs



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## connect time supplies

Follow the Leader Game - No supplies needed

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## small group supplies

**Per room:** Bible, markers, 1 limbo stick

**Per kid:** Coloring page, 1 bravery badge sticker (printed on Avery 5264)

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## large group supplies

**Per Group:** Bible

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## a/v needs

1. Song slide: for when kids enter the room (All that You Need instrumental; mp3 only; can be downloaded on website)
2. Video: HOPS Have fun! <https://vimeo.com/25767958>
3. Image: Deborah
4. Video: God's Story / Deborah
5. Music Video: Trust in the Lord (<https://vimeo.com/153815987>)
6. Music Video: Jesus Loves Me (motions)( <https://vimeo.com/44164426>)
7. Song: Thank You Lord (KC/SM media videos songs>songs>songs with slides)

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## connect questions

Tell me about Deborah.  
Why was Deborah brave?

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## parent page