



3rd-5th

April 9-10, 2016

DATE

BRAVE Journey: Deborah

LESSON TITLE

Judges 4-5; Psalm 56:3

WHERE TO FIND IT

Our bravery (power and identity) comes from Jesus.

MAIN POINT

schedule

Connect Time (15 minutes): Five minutes after the service begins, split kids into groups and begin their activity.

Large Group (30 minutes): Begin 20 minutes after the service starts. Model what it looks like to be engaged in large group.

Small Group (15 minutes): Keep kids in small groups until parents arrive. If you *all* have extra time at the end, you can review the video and songs together.

tips

Try to think of the room as a group of many individual kids, all with their own unique personalities and abilities! Kids might be engaged even if they don't look like it.

check-in/out

As kids leave, ask them about their maps, and what they wrote down on them!

large group heads up

Today's story is about the bravery of Deborah! She led the Israelites to a great victory in battle, all because she listened to God and obeyed what he said.



connect time

GOAL: *Connect Time is all about engaging kids in an activity that allows them to connect with each other right away while simultaneously piquing their curiosity for Large Group and preparing their minds for what they're going to hear.*

SOUND AROUND

- Split kids into **small groups**, with one volunteer leading each group.
- Have kids stand in a circle, and explain the following rules:
 - The first kid will make up a **sound** and **throw a beach ball** to another kid in the circle. For example, they could say “Wheee!” while they throw.
 - The new kid then has to catch the ball and repeat the sound just (heard as they catch.)
 - Now, as fast as they can, they get to make up a new sound throw the ball to a **different kid**.
 - Here's some more sounds they could make: Boop, Zoom, Swoosh, wow, beep, zip, eek, womp, etc.)
 - Repeat for each kid in the group.
 - **Tips:**
 - Make sure kids **receive and repeat the sound they are given, before they make up a new one**. It's affirming and encouraging to the person who made it up!
 - If you want, encourage kids to have fun “throwing” and “catching” the sounds. Examples of gestures to “throw” could be things like throwing, kicking or even head-butting the beach ball!
 - You can play as many rounds as you want depending on the size of your group.

TALK ABOUT IT

- How did you know what to say when you caught the ball? Would you have said those things if someone hadn't told you to?
- Has God ever given you the power to do something, that you wouldn't have done on your own? (This might be tough for kids to think of, and that's ok. We'll talk more about it in Large Group!)

Before you go to Large Group, you can ask kids how their week went. You can also remind kids of the expectations for Large Group behavior: (1) be kind, (2) listen when somebody speaks, and (3) follow the leader's instructions.



instructions

Goal: Kids will (1) understand how Deborah showed bravery, (2) identify how Deborah's power came from God, and (3) identify how God gives them power to be brave too.

Why? Deborah is a great example of how we can be truly brave when we trust in God and rely on him to give us power, instead of trying to get our power from the world.

Tip: You'll be prompted below to ask kids if they heard from God during Large Group; encourage them to share by telling them if you heard anything from God during the Large Group quiet time!

small group

REVIEW THE STORY

1. Why did God send judges to the Israelites? (They had turned away from and were making wrong choices.)
2. How did Deborah help Barak lead his army into battle? (She told him that God would deliver Sisera into their hands, and that God would march ahead of them into battle.)
3. Why did God say that a woman would get the honor of defeating the enemy, instead of Barak? (Because Barak did not trust God at first; he was afraid.)
4. How did Deborah show bravery throughout this story? (She heard from God and told the Israelites about it; she listened to God and obeyed his call; she trusted that God would go ahead of them into battle and would defeat the enemy; she helped Barak be brave too.)
5. Did God say anything to you during Large Group?
6. What brave step do you think God wants you to take in your life?

MAKE IT PERSONAL

- Give each kid a **map template** and set out **markers**. Look at the map with kids and show them the following:
 - **Home Base:** This is where we feel safe, and we know what's going to happen. It's where we prepare to do brave things, and we get power from God.
 - **ASK:** Where's one place you could go to spend time with God this week?
 - **Then write/draw** in the blank space one thing you will do this week to get power from God (Offer suggestions to help kids get started: Listen to God, talk to him and ask him for help, read the Bible, ask a grown up about how they get power from God, etc.)
 - **The battlefield:** This is where we have to be brave. We've prepared by getting power from God, and now we need to trust and obey what he tells us, even if

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we don't know what will happen.

- **Write/draw** in the blank space one brave thing you think God wants you to do this week. Something he wants you to trust him with. (Tell kids one brave thing you will do this week to help them brainstorm!)
- **Here's some questions to ask kids as they brainstorm what to write/draw:**
 - Who could you talk to that you've never tried to before, because you were nervous or scared?
 - Is there someone you could help who is afraid of something themselves?
 - What are you scared to ask God for?
 - Who could you forgive that you don't want to?
- If there's time, let kids add more things to their map to make it personal. They can draw their house, their school, friends and family members, etc.

Extra Time? Play the Connect Time game again, but instead of kids making up a random new sound, try some of the following adaptations:

- *Say a word starting with the letter "S" (Or any letter you choose.)*
- *Say a vegetable or fruit*
- *Say an animal*
- *Say a movie*

special notes

Sometimes it requires a lot of bravery to present in Kids' Club! Share this with kids and help them understand a tangible example of how God calls us to do brave things, like teaching in front a bunch of people! It will help them relate to you, and give them a way to grasp bravery.

presenter tips

Be sure to prepare for today's lesson by checking out today's video on crossroadskidsclub.net/weekend. It's called God's Story / Deborah.

script

***Click to play intro music**

WELCOME AND INTRO

Hey guys! We're so glad to have you here today. Everybody turn to a friend and give them a high five. (Let kids respond.) Okay, now turn to someone you don't know, and give them a high five! (Let kids respond.)

Now let's talk about that game you just played! What did you have to do when someone threw the ball at you? (Let 1-2 kids respond.) That's right, you had to repeat what they said, exactly as you heard it, and then make up your own sound! You had to listen to the other person, and that determined what you did next.

In that game, we listened to a friend, but now we're going to talk about listening to someone else. Who do you think it is? (Let kids guess, "God.") Yep, God! And why do you think it's important to listen to God? (Let a few kids respond, and elaborate on what they say. Things like, "It brings us closer to him", "It helps us do things we don't know how to do on our own", "Listening to God shows him how much we love him", etc.) Those are really good answers!

One really important reason we listen to God, is because it's how we get power from him! Can you all give me your best power pose? (Respond along with kids, flexing your arm muscles and acting "strong".) Good job! The thing is, we're not talking about the kind of power that gives us big muscles. We're talking about the kind of power that makes us brave. Power that helps us do things we couldn't do on our own!

Let's look at a video of some special cars on a racetrack. Try to figure out where they get their power.

Video: Remote Control Cars



script continued

Were those normal cars? (Let kids respond.) No! They were remote control. So where do you think their power came from? (Let kids respond.) Yep, their power came from the remote control! The ONLY way they could go so fast was because someone was holding a special remote that gave the car power.

Let's talk about some other things that get their power from somewhere else. **(Click to show light bulb image.)** How about a light bulb, where does it get its power? (Let kids respond.) Yep, electricity! It's screwed into a lamp, that's connected to a wire, that gets power from electricity! **(Click to show car image.)** How about a car: where does it get its power? (Let kids respond.) Yep, it runs on gasoline. Now this one is a little harder. **(Click to show ocean image.)** How do waves in the ocean get their power to move? (Let kids respond.) They actually get their power...from the moon! Crazy right? The moon is so close to the earth that it pulls on the water and causes waves.

Today we're going to talk about how WE also need power; we don't get it from electricity or the moon though. We get it from God. And today, we're going to talk about a brave woman who got HER power from God...and got to do some really powerful things.

INTRO: GOD'S FAMILY NEEDS HELP

So remember how God chose a group of people to be his special family? They were called the Israelites. They loved God, but unfortunately, when our story begins, they had stopped following him, and they needed someone to remind them to turn back to God and follow him.

So God sent his family special leaders, called Judges. Has anybody ever heard of a judge before? (Let kids respond.) Yeah, our judges today usually sit in a big courtroom and help people figure out what's right and wrong. That's kind of what the judges back then did too! But they did a LOT more too. They also showed the Israelites how to live and lead the military!

One of these judges was a woman named Deborah. **(Click to show image of Deborah.)** Can you say, "Deborah"? (Let kids respond.) She not only lead, but she also listened to God and obeyed him no matter what he said, and no matter how dangerous it was.

DEBORAH SHOWS BRAVERY

Remember how we talked about all those things that get their power from somewhere? Well Deborah needed power too. She needed power to be brave, to lead all the Israelites. Where do you think Deborah got her power from? (Let kid respond.) Yep, she got her power from God!

Because Deborah listened to God and got power from him, she helped lead the Israelites in a lot of ways. Not only was she a great military commander, but she was a prophetess too! That means she heard directly from God, and shared it with others. She had a lot of authority, and everyone looked up to her.

We're going to watch a video about a time when Deborah had to step up and be incredibly brave. Israel was about to face its biggest enemy yet, and Deborah had really tough choices to make. They were a small army and they faced a really big, strong army. Pay attention to what



script continued

she told a guy named Barak, and why she assured him that they'd win the battle.

Video: God's Story / Deborah

What an amazing story of bravery! The Israelites were about to go into battle with an enemy who had a huge army, and lots of soldiers. But why was Deborah so sure they'd win? (Let kids respond.) That's right, she listened to God, and God told her he would go before them in battle! She trusted in HIS power.

Problem is, Barak was the person who was supposed to lead God's family into this battle. And was he brave at first? (Let kids respond.) Nope, he was actually pretty worried, even after Deborah assured him that God would win the battle for them! So what did Deborah do, since Barak was scared to do it on his own? (Let kids respond.) Yep, she went into battle with him! She also gave him a pep talk. Does anyone remember what Deborah told Barak when they were about to go into battle? (Let a few kids respond.) Let's look at the verse from the Bible.

Slide: Judges 4:14 Then Deborah said to Barak, "Go! Today the Lord will hand Sisera over to you. Hasn't the Lord gone ahead of you?" So Barak went down to Mount Tabor. His 10,000 men followed him.

Deborah trusted that God would help them fight the enemy, and that He would actually go ahead of them into battle! That gave Barak the power to lead the army against Sisera. And who won the battle? (Let kids respond.) That's right, the Israelites!

DEBORAH USED GOD'S POWER TO BE BRAVE

We saw that Deborah got power from God, and that she showed others how to be brave. But how exactly did she get power from God? What do you think? (Let kids respond with open-ended answers.) Great! She opened her ears, and gave God time to speak to her! Then she did what he said. Just like that video we watched with the cars that got their power from a remote control, Deborah got her power by listening to God.

HOW WE CAN GET POWER FROM GOD

The good news is, we don't have to be brave on our own either. God gives US the power to be brave too. He does that when we spend time with him, like Deborah, listening to him and then obeying.

Let's all take a minute to spend time with God and listen, like Deborah. I'm going to play some music for a minute. This is a time for you to focus on God and ask him to come and give you power. Ask him to speak and listen for whatever he wants you to hear. Maybe he wants to show you a picture in your mind; maybe he wants to tell you something special that's just for you. Maybe he wants YOU to do something brave. Close your eyes, so you can focus on talking to him for a minute. **(Click slide to play music for 30 seconds; then click to stop.)**

Let's look at one last verse to remind us to keep trusting in God this week. Let's all say it together:



script continued

Slide: Psalm: 56:3 But when I am afraid, I will put my trust in you.

How did Deborah live out this verse when it was time for her to be brave? (Let 1-2 kids respond.) Yep, she trusted God, even though she didn't know yet if they would win the battle. She trusted that He would fight alongside her, like he said he would. All of her power came from him. And all our power comes from him too.

PRAY

Dear Jesus. We want to spend more time with you, so that you can help us be brave and follow you, even when it's hard. Thank you for giving us the strength and power to be brave. Amen!

WORSHIP

Something we do in Kids' Club a lot is worship. It's a way for us to focus only on God, and tell him how much we love him. It's also a great way to get power from God! So let's all stand up and sing!

Music Video: All That You Need

Music Video: More Like You Are

**Dismiss kids to small groups*

PREP needs



connect time supplies

Sound Around Game – 1 beach ball per group

small group supplies

Per kid: 1 map template (on 8x11 paper)

Per group: markers, Bible

large group supplies

Per group: Bible

a/v needs

1. Song slide: for when kids enter the room (All that You Need instrumental; mp3 only; can be downloaded on website)
2. Video: Remote control cars (0:20-1:00; <https://www.youtube.com/watch?v=IIQ97G10dPI>)
3. Image: Deborah
4. Image: light bulb
5. Image: Car
6. Image: Waves
7. Video: God's Story / Deborah (link not yet available)
8. Slide: Judges 4:14 Then Deborah said to Barak, "Go! Today the Lord will hand Sisera over to you. Hasn't the Lord gone ahead of you?" So Barak went down to Mount Tabor. His 10,000 men followed him.
9. Song: Reflective music loop (KC/SM media videos songs>songs>itunes>reflective music loop)(use the first 5 minutes with a KC logo slide)
10. Slide: Psalm 56:3 But when I am afraid, I will put my trust in you.
11. Music Video: All That You Need (<https://vimeo.com/153814189>)
12. Music Video: More Like You Are (<https://vimeo.com/154219576>)

connect questions

Tell me about Deborah.

How did Deborah show bravery?

parent page